

## – SALADS –

All salads are appetizer size. If you would like an entrée size salad please ask your server.

### HOUSE SALAD

Mixed with carrots, tomatoes, red onion and your choice of salad dressing


### GREEK SALAD

Mixed with feta cheese and Kalamata olives


### CAESAR SALAD

Mixed with croutons, bacon and roasted garlic dressing


## – LIGHTER FARE –


 EGG OR TUNA SALAD SANDWICH  
Served on your choice of bread

BACON, LETTUCE, TOMATO SANDWICH  
Served on your choice of bread


 HOUSE ROASTED TURKEY  
Served with cranberry mayo on your choice of bread

*Items above served with garden salad,  
raw vegetables, or fresh cut fries*


 POACHED EGG  
Served on toast with grilled tomato

 TWO-EGG WESTERN OR  
CHEESE OMELETTE  
Available with egg whites only



ALL DAY BREAKFAST  
Two eggs any style, toast, and bacon/sausage

 CHEF'S COBB SALAD  
Served with turkey, cheddar, boiled egg,  
carrots and tomatoes

## – DINNER ENTRÉES –

 OVEN ROASTED ROSEMARY CHICKEN LEG  
Served with dipping sauce

PAN FRIED BEEF LIVER  
Served with caramelized onions and bacon

  GRILLED RAINBOW TROUT OR  
SALMON FILLET  
Served with lemon and dill

SOUVLAKI STYLE GRILLED CHICKEN  
Served with Tzatziki Sauce

*Items above served with potato or rice and vegetables*


MEAT TORTELLINI  
Served with roast peppers and spinach in  
Alfredo sauce with garlic bread

## – SWEET ENDINGS –

Available all day

CHOCOLATE PUDDING


LOCAL ARTISAN CHEESE PLATE


 APPLESAUCE, YOGURT AND  
MUESLI PARFAIT

 DICED FRESH FRUIT

BANANA COFFEE CAKE  
Served with white chocolate sauce

Ask your server about diabetic, gluten-free  
or lactose-free choices

 Recommended by the Vancouver  
Aquarium as ocean-friendly

 VIVA Healthy Choice:  
Low fat, low sodium