

Waterside's Annual Christmas Craft Show and Bazaar

Saturday, November 3rd
10:00am – 3:00pm

Waterside will open its doors once again this November for our annual Christmas Craft Show and Bazaar. Local vendors will sell various items such as homemade baked treats, woodwork, knitting, and more! The Waterside Knit Wits will be selling the items they have been creating all year to raise funds for MORE yarn (which will be needed to crochet hats and mitts for children in need during the winter months). We will also have a Tea Room serving treats. Invite your friends and family to spend the afternoon with us. Admission to the show is a non-perishable food item for the local food bank.



Knit Wits working hard.



Marc with his goodbye cake.

Intergenerational Pen-Pals

Waterside is partnering with one of Carleton Place's schools to create "pen-pals" with local students (ages 7+), encouraging the practice of penmanship and grammar skills, while building relationships with older adults. If you are interested in receiving a letter and being a part of the new pen-pal program, please sign up at Concierge under special events or see Alison.



Joyce enjoys a craft.

Save the Date!

Our Annual Family Christmas Brunch is set for Sunday, November 25th, 2018. More details to follow in the November Wave!



Being creative with friends.

Program Committee Members Needed!

We are seeking individuals that have ideas for upcoming monthly programs, bus trips, and are interested in taking an active role in advocating for Community Member participation in programming!

If you're interested in being a part of this committee, please see Alison to learn more!



Making Today Great!

Waterside Retirement Community
105 McNeely Ave. Carleton Place, Ontario
www.thewaterside.ca 613.253.2010



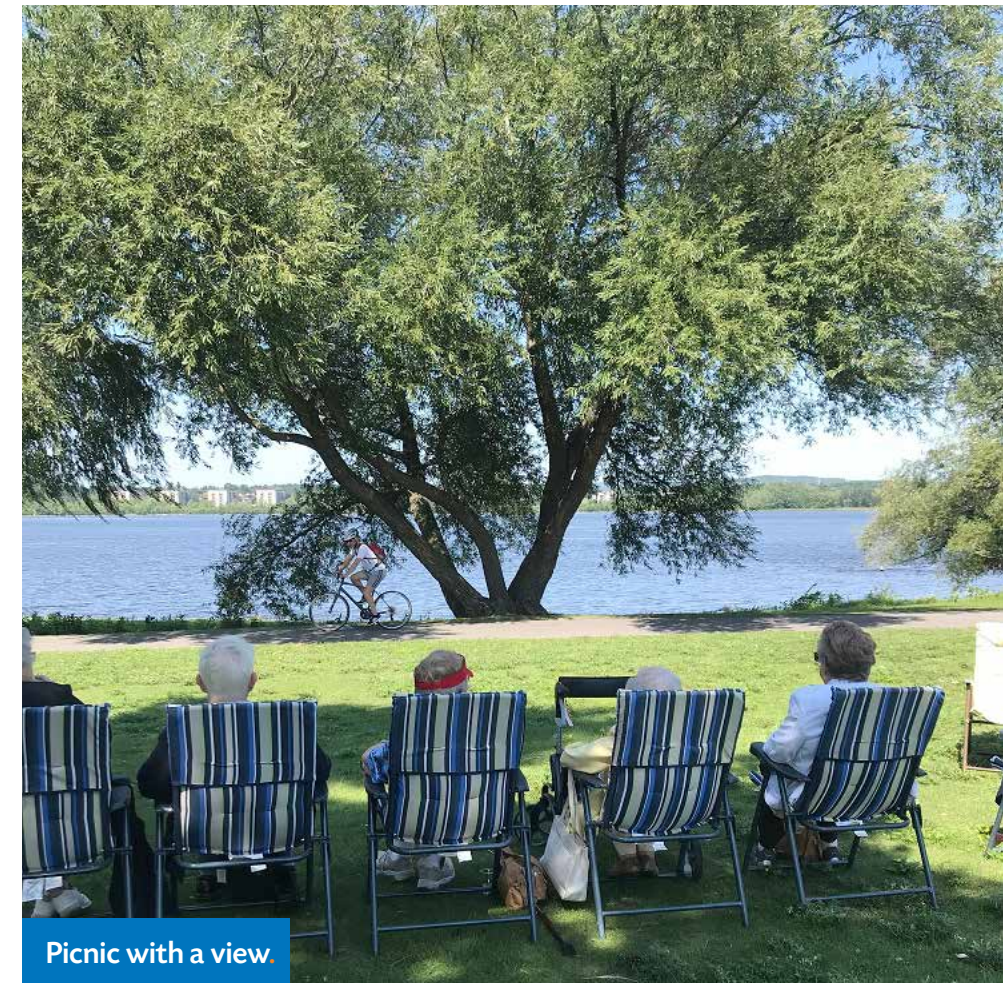
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Summer's been a picnic!

After four months of picnicking all around the Ottawa Valley, and Lanark County, Waterside hosted their last picnic of the season in mid-September. This past summer has been our best picnic season yet, thanks to many sunny days and warm temperatures. Now, only memories of picnics at the Newboro Locks, Remic Rapids, scenic countryside tours, and delicious peanut butter and jam sandwiches will suffice until picnic season starts again next May.

Throughout the cooler months, we will travel to local restaurants to enjoy what local chefs have to offer. Community Members will have the opportunity to share their views and experiences through Waterside Wave.



Picnic with a view.

Tie-Dye Demo with Michaela

Community Members enjoyed Team Member Michaela's talents as she created and displayed a wonderful tie-dyed piece of art during a demonstration in the Victory Garden.

Not quite knowing what they were getting themselves into, Community Members then participated in creating their own tie-dyed shirts without hesitation.

The tie-dye demonstration items were then displayed at the August birthday party, where Michaela decorated the room using them as table clothes.

Join us in October for a Tie-Dye With Michaela Creative Craft afternoon on Monday, October 22nd at 2:30pm in the VIVAcraft Kitchen. You will need to provide your own white t-shirt/pillow case/apron in order to participate.



Beautiful work.

Name that poet...



*I do not know what it is about you that closes
and opens; only something in me understands
the voice of your eyes is deeper than all roses
nobody, not even the rain, has such small hands*

E. E. Cummings



*"Hope" is the thing with feathers -
That perches in the soul -
And sings the tune without the words -
And never stops - at all -*

Emily Dickinson

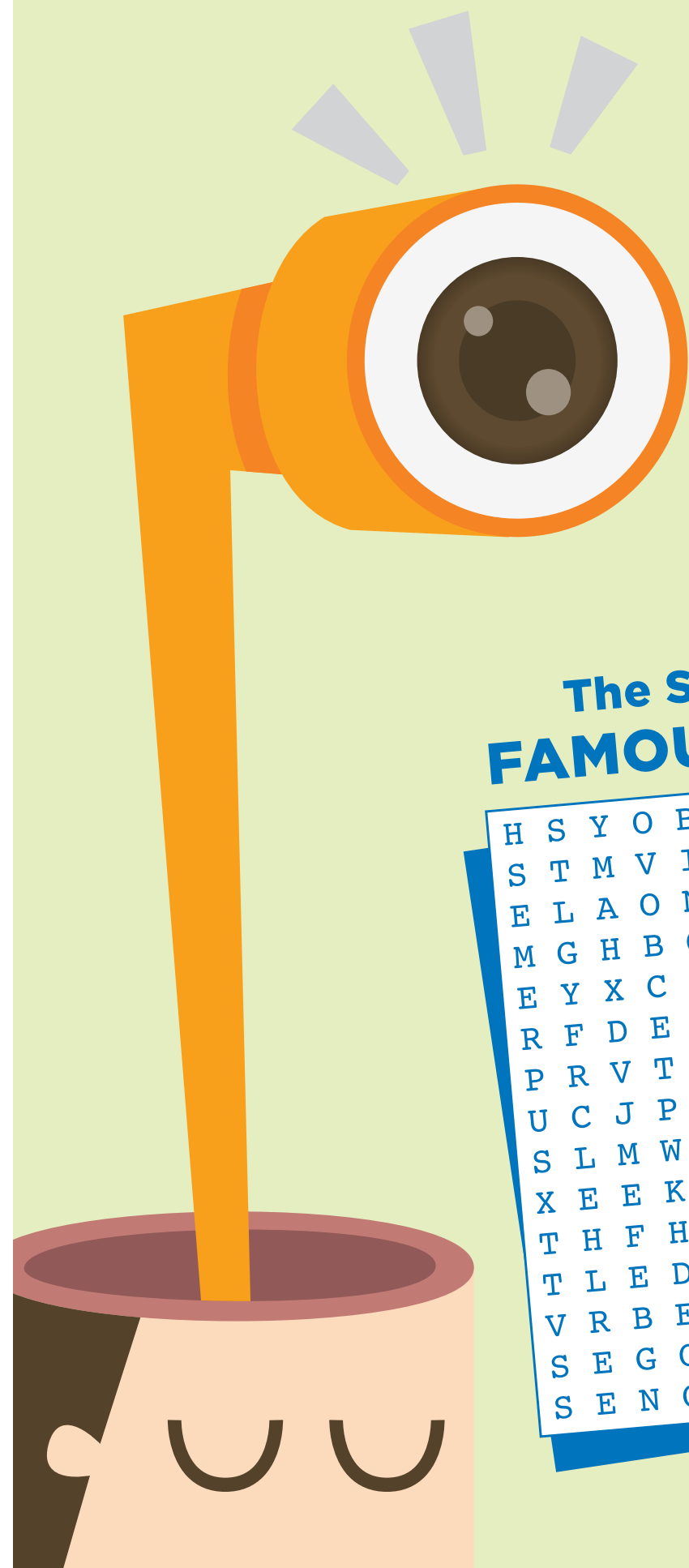
*Someday, somewhere - anywhere,
unfailingly, you'll find yourself, and
that, and only that, can be the happiest or
bitterest hour of your life.*

Pablo Neruda



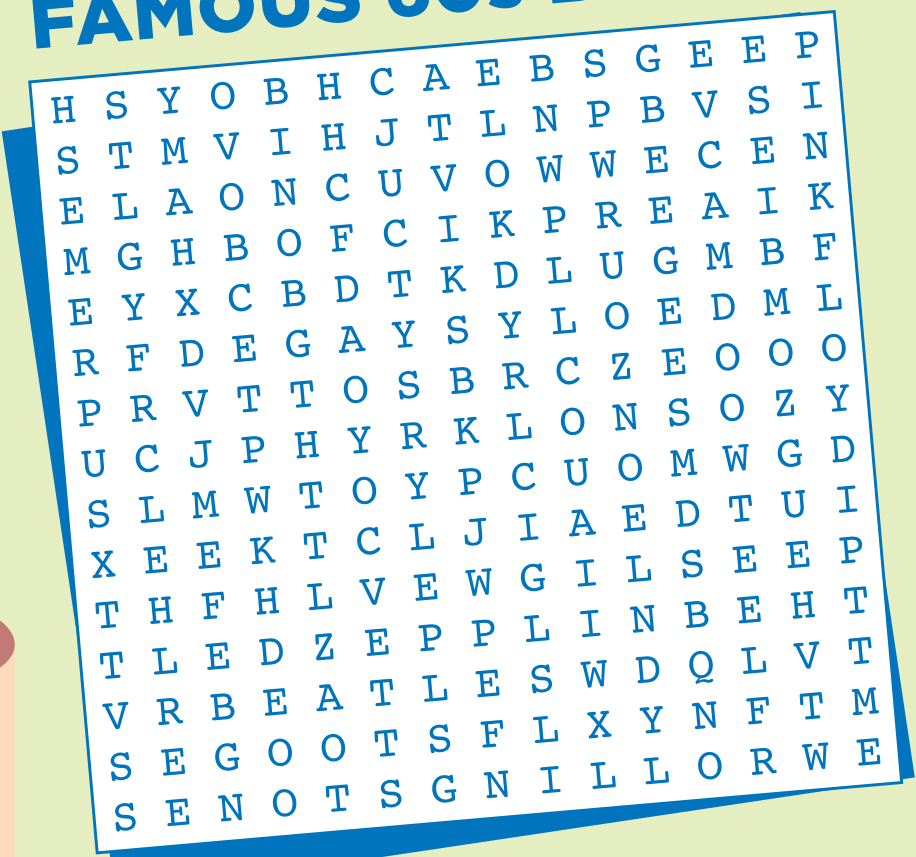
*With freedom, books, flowers, and the
moon, who could not be happy?*

Oscar Wilde



- BEACHBOYS
- BEATLES
- BEEGEES
- BLACKSABBATH
- EVERLYBROTHERS
- FLEETWOODMAC
- LEDZEPPLIN
- MOODYBLUES
- PINKFLOYD
- ROLLINGSTONES
- STOOGES
- SUPREMES
- TEMPTATIONS
- THEDOORS
- THEWHO
- ZOMBIES

The Search is on for FAMOUS 60s BANDS



October 2018		WEEKS 1 & 2					Waterside
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>LEGEND</div> <div><div>Orange</div><div>Fitness Class</div></div> <div><div>Purple</div><div>Special Event</div></div> <div><div>Green</div><div>Excursion</div></div> <div><div></div><div>Sign Up</div></div> <div><div></div><div>Cost Required</div></div> <div><div></div><div>Shuttle</div></div> <div><div></div><div>Walking</div></div>		<div>Join us for</div> <div>PUMPKIN FEST</div> <div>DAILY PUMPKIN-THEMED ACTIVITIES</div> <div>OCTOBER 14TH – 19TH</div>					
	<div>1</div> <div>9:30 V!VAfit Sit & Stand (VS)</div> <div>10:00 Communion followed by Rosary Prayer (CR)</div> <div>10:15 V!VAfit Strength pre-booked apt. (VS)</div> <div>11:00 Tri-ominos (PP)</div> <div>2:15 Excursion <i>Banking Bus (L)</i></div> <div>7:30 Cards: Player’s Choice (ML)</div>	<div>2</div> <div>9:00 Excursion Carlingwood Mall (L) </div> <div>9:15 V!VAfit Combo (VS)</div> <div>10:30 Knit Wits (ML)</div> <div>11:00 Walker Repair Clinic (L)</div> <div>11:15 TED Talk Tuesday (VP)</div> <div>2:30 V!VAfit Combo (VS)</div> <div>4:00 Topsy Tuesday (PP)</div>	<div>3</div> <div>Oktoberfest Celebrations</div> <div>9:15 V!VAfit Swim (P)</div> <div>10:00 V!VAfit Strength pre-booked apt. (VS)</div> <div>11:00 Waterside Worship w/Rev Brian (VP)</div> <div>1:00 Bridge (CK)</div> <div>3:00 Oktoberfest Party w/musical entertainment & cash bar (VP) </div> <div>7:30 BINGO \$.25/game (CK)</div>	<div>4</div> <div>10:30 Knit Wits (ML)</div> <div>12:00 Treats, sweets & to MORE w/Sarah (vendor) (L) </div> <div>3:00 Excursion In & Around Town (L) </div> <div>3:00 Hole in One (PP)</div> <div>7:15 Musical Entertainment w/Tyler King (PP)</div>	<div>5</div> <div>9:30 V!VAfit Sit & Stand (VS)</div> <div>10:15 V!VAfit Strength pre-booked apt. (VS)</div> <div>2:30 Shall We Dance w/Michaela (VP)</div> <div>4:00 Friendly Friday (PP)</div> <div>7:30 Movie Night (VP)</div>	<div>6</div> <div>10:00 V!VAfit – Exercise of the Month – p/u at concierge “Wall Push Ups” (L)</div> <div>11:00 Vinyl Café “Defibrillator & Rosemary Honey” (PP)</div> <div>3:00 V!VAmatinee (VP)</div> <div>7:30 Movie Night (VP)</div>	
<div>7</div> <div>10:30 Crossword Café: pick up @ Concierge (L)</div> <div>3:00 Matinee ~ “The Crown”</div> <div>7:30 Sunday Night Movie (VP)</div>	<div>8</div> <div>Happy Thanksgiving</div> <div>9:30 V!VAfit Sit & Stand p/u independent program @ concierge (VS)</div> <div>10:00 Communion followed by Rosary Prayer (CR)</div> <div>10:15 V!VAfit Strength (Cancelled) (VS)</div> <div>2:30 Tri-ominos (PP)</div> <div>7:30 Cards: Player’s Choice (ML)</div>	<div>9</div> <div>9:15 V!VAfit Combo (VS)</div> <div>10:00 Excursion <i>Fall Leaves Tour & Lunch @ The Cove in Westport (L)</i> </div> <div>10:30 Knit Wits (ML)</div> <div>11:15 TED Talk Tuesday (VP)</div> <div>2:30 V!VAfit Strength (VS)</div> <div>4:00 Topsy Tuesday (PP)</div>	<div>10</div> <div>9:15 V!VAfit Swim (P)</div> <div>10:00 V!VAfit Strength pre-booked apt. (VS)</div> <div>11:00 Waterside Worship w/Rev Barry (VP)</div> <div>1:00 Bridge (CK)</div> <div>2:30 Things I Learned on the Web (VP)</div> <div>7:00 Paint w/Janet \$35/pp (PP) </div> <div>7:30 BINGO \$.25/game (CK)</div>	<div>11</div> <div>9:00 Victory Garden Clean-out (VG)</div> <div>10:30 Knit Wits (ML)</div> <div>11:00 Morning Mass w/St. Mary’s (VP)</div> <div>1:00 Euchre Fundraising Tournament \$5/per person (PP) </div> <div>3:00 Ladder Ball (PP)</div> <div>7:30 New Release Movie Night (VP)</div>	<div>12</div> <div>9:30 V!VAfit Sit & Stand (VS)</div> <div>10:15 V!VAfit Strength pre-booked (VS)</div> <div>11:00 Fact or Fiction w/Alison (PP)</div> <div>2:30 Tastes of Fall Baking w/Michaela (CK)</div> <div>4:00 Friendly Friday (PP)</div> <div>7:30 Movie Night (VP)</div>	<div>13</div> <div>10:00 V!VAfit – Exercise of the Month – p/u at concierge “Wall Push Ups” (L)</div> <div>11:00 Vinyl Café “Dorothy’s Bookstore & The Lottery Ticket” (PP)</div> <div>3:00 V!VAmatinee (VP)</div> <div>7:30 Movie Night (VP)</div>	

