

## Sprucing it up at Thornhill Woods!

December was a fun-filled month with fabulous entertainers, dancing and celebrations! We celebrated our Community Members' December birthdays with violinist James Levac, and celebrated Christmas with Diva Diverse Dance Duo – an energetic duo who performed Bollywood and Belly dancing. Yiddish Café was another success, featuring musical group Klezkonnection, and 2018 ended style, with upbeat New Year's Eve entertainer, Adam Mishen!



Dancing



James Levac

# V!VAvoice

V!VA Retirement Communities™  
THORNHILL WOODS

January 2019

Your V!VA Community Newsletter

## Welcome to 2019!

It's hard to believe that another year has gone by! We hope everyone had a lovely holiday season and that this year is a healthy and happy one for you and your loved ones. There are still plenty of wonderful events and programs going on in January and a lot to look forward to.

## Hans' Poets Corner "Mind Over Matter"

It is not fair, that when you need it,  
it is not there.

I mean flexibility of mind,  
now many times so hard to find.

The mind gets buried under matter,  
longtime ago it was so much better.

Change was so much easier to accept,  
Tears dried much faster when being wept.

And when we fell we got back on our feet  
but today there is a different need.

The need to come to the realization,  
That facts matter more than our situation.

That our power to change these facts is slipping,  
where as before it was easy gripping.

We might have been a big boss before.  
That was the past, not anymore.

We have become more dependent on some other,  
Family, friends, a son or daughter,

And now there is the VIVA fact,  
It is up to us to react.

One can be happy to be free,  
Of the load of much responsibility,

Enjoy the slowdown of our pace  
And finally to walk, not race.

The writing on our bus you should heed,  
"VIVA life at your speed."

## Chanukah Celebrations



Lighting the Community menorah



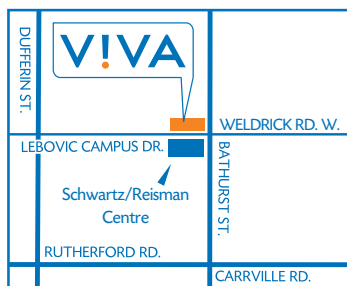
Cantor Edwards

Chanukah celebrations started early with a toy drive to donate to the Jewish Immigrant Aid Services. With the help of the Women Enjoying Life Group, we collected many toys for children in need! We thank all those who donated toys to a great cause. We celebrated Chanukah

itself with Cantor Edwards, who sang the traditional Jewish songs that we love – it was wonderful to see our Community Members and guests singing, dancing, and enjoying fresh, delicious Latkes, beautifully prepared by our Executive Chef, Mitch!



That's a whole lot of Sufganiyot.



## Making Today Great!

V!VA Thornhill Woods Retirement Community

9700 Bathurst Street, Vaughan, ON L6A 4V2

www.vivalife.ca 905.417.8585



# CAPTION THIS!

Each month's newsletter features a different photo from around the Community, and we're asking YOU to provide a caption!

The winner gets their caption published in next month's newsletter, along with their photo, and a complimentary gourmet VIVALicious lunch for two!

Submit your winning caption to Concierge, or by email to:

[thornhillwoods@vivalife.ca](mailto:thornhillwoods@vivalife.ca)



Light as a feather!



Congratulations Loris Wise! You've won a complimentary VIVALicious lunch for two!



# BRAIN



# TEASER

New Year's Day has arrived! Five fireworks of varying colours were set off at different times.

Can you determine the colour of each rocket and at what time it was set off?

## HINTS

1. The Big Rocket was set off before the Apollo Rock, but after the Whiz-Bang.
2. The Apollo Rock contained no red and was not set off last.
3. One of the rockets containing green was set off at 7:45pm, this was not the Big Rocket or the Shooting Star.
4. The red rocket was set off after the blue rocket, but before the purple rocket.
5. The Exploder was set off exactly 30 minutes after the blue rocket

		Colour					Time				
		Blue	Green	Purple	Red	Red & Green	Midnight	12:30am	12:45am	1:00am	1:15am
Firework	Apollo Rock										
	Big Rocket										
	Exploder										
	Shooting Star										
	Whiz-Bang										
Time	Midnight										
	12:30am										
	12:45am										
	1:00am										
	1:15am										

## Your Answers

Firework

Colour

Time

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Apollo Rock, Green, 12:45am / Exploder, Red, 1:00am / Shooting Star, Purple, 1:15am / Big Rocket, Blue, 12:30am / Whiz-Bang, Red & Green, midnight

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LEGEND</b> <b>Orange Fitness Class</b> <b>Purple Special Event</b> <b>Green Excursion</b> Sign Up Cost Required Shuttle Walking	(PC) Perks! Café (PP) Pints! Pub (TR) Therapy Room (VP) VIVAplex (VG) Victory Garden (VS) VIVAfit Studio (L) Lobby (CC) Community Commons (BG) Brain Gym (CK) VIVAcraft Kitchen (FD) Family Den (HR) Horticulture Room (P) Pool	<b>1</b> 10:00 2018 Fun Facts and Recaps (PP) 11:15 Word Twist (PP) 2:00 Bridge (L) 2:00 Euchre Lessons with Karen (PP) 3:00 <b>Poetry with Hans</b> (CK) 4:00 Laugh Lounge (PP) 7:00 Movie: Sleepless in Seattle” (VP)	<b>2</b> 9:30 Therapy Dog Visit (L) 10:00 <b>Mandi’s Yoga (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Baking (CK) 2:00 Movie Matinee: The King’s Speech (VP) 3:00 Wine and Paint (CK) 4:00 <b>Creative Crafts with Nadine</b> (CK) 7:00 BEANO! (CK) 7:00 Papa Jo’s Movie (VP)	<b>3</b> 9:45 <b>Walmart (L)</b> 10:00 <b>VIVAfit Balance (VS)</b> 11:15 “That’s Awesome!” (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Euchre (PP) 4:00 Yiddish Club (PP) 7:00 Billiards (PP) 7:00 Games Night (L)	<b>4</b> 10:00 <b>VIVAfit &amp; Stand (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 <b>Price Is Right (PP)</b> 2:00 <b>Current Events with the Harris’s</b> (PP) 3:00 <b>Happy Hour: Name That Tune</b> (PP) 4:00 Favourite Music Hour (PP) 5:00 <b>Shabbat Service</b> (VP)	<b>5</b> 11:00 <b>VIVAfit Sit (VS)</b> 11:15 Word Twist (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Classic Comedy (PP) 4:00 Crafts with Lifestyles (CK) 7:00 Poker (BG) 7:00 <b>Sheldon Glass Movie Night</b> (VP)
<b>6</b> 10:00 <b>VIVAfit Sit and Stand (VS)</b> 11:15 Catchphrase (BG) 2:00 Black Jack! (PC) 3:00 Charades (PP) 4:00 Wii Bowling (PP) 7:00 Sunday Movie: Slumdog Millionaire (VP)	<b>7</b> 10:00 <b>Mandi’s Zumba (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Ceramics (CK) 1:30 Therapy Dog Visits (L) 2:00 <b>Nosh &amp; Drosh with Dalia</b> (CK) 4:00 <b>Sarah Brickman Piano Recital (L)</b> 3:00 Knit and Chat (CK) 7:00 BEANO! (CK) 7:00 Documentary (VP)	<b>8</b> 9:45 <b>Hillcrest Mall (L)</b> 10:00 <b>VIVAfit Strength (VS)</b> 11:15 Word Twist (PP) 1:30 <b>Library Day</b> (L) 2:00 <b>Entertainment: Kharen Westbye</b> (L) 3:15 Wine and Paint (CK) 4:00 <b>Variety Club</b> (VP) 4:00 “How Did It Really Happen?” Discussion (PP) 7:00 <b>Lianne Harris Steeped in History: The Story of Tea</b> (PP)	<b>9</b> 9:30 Therapy Dog Visit (L) 10:00 <b>Mandi’s Yoga (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:00 Community Council Meeting (VP) 2:00 <b>Billiards Tips and Tricks with Bruce Butler</b> (PP) 2:00 Movie Matinee: The Perfect Man (VP) 3:00 TM Spotlight with Joel (PP) 4:00 Creative Crafts with Nadine (CK) 7:00 BEANO! (CK) 7:00 Papa Jo’s Movie (VP)	<b>10</b> 9:45 <b>Bank and Shoppers Drug Mart (L)</b> 10:00 <b>VIVAfit Balance (VS)</b> 11:15 Wheel of Fortune (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Euchre and Euchre Lessons w/ Karen (PP) 4:00 Yiddish Club (PP) 5:00 <b>Interactive Supper with Chef Mitch</b> (CK) 7:00 <b>Entertainment: Emilio Zarris</b> (PP)	<b>11</b> 10:00 <b>VIVAfit &amp; Stand (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Scattergories (PP) 2:00 <b>Current Events with the Harris’s</b> (PP) 3:00 <b>Happy Hour: Trivia</b> (PP) 4:00 Favourite Music Hour (PP) 5:00 <b>Shabbat Service</b> (VP)	<b>12</b> 11:00 <b>VIVAfit Sit (VS)</b> 11:15 Word Twist (PP) 2:00 Baking with Joel (CK) 2:00 Rummikub: Advanced and beginners (L) 3:00 Classic Comedy (PP) 4:00 Crafts with Lifestyles (CK) 7:00 Poker (BG) 7:00 Movie Night: The Devil Wears Prada (VP)
<b>13</b> 10:00 <b>VIVAfit Sit and Stand (VS)</b> 11:15 Catchphrase (BG) 2:00 Black Jack! (PC) 3:00 Charades (PP) 4:00 Wii Baseball (PP) 7:00 Sunday Movie: Mrs. Doubtfire (VP)	<b>14</b> 10:00 <b>Mandi’s Zumba (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Wine and Paint (CK) 1:30 Therapy Dog Visits (L) 2:00 <b>Nosh &amp; Drosh with Dalia</b> (CK) 2:00 <b>Birthday Celebration! (MacKenzie Dining Room)</b> 3:00 <b>Birthday Entertainment: David Wildsmith</b> (L) 3:00 Knit and Chat (CK) 7:00 BEANO! (CK) 7:00 Documentary (VP)	<b>15</b> 10:00 <b>VIVAfit Strength (VS)</b> 11:00 <b>Woodbine Casino (L)</b> 11:15 Word Twist (PP) 2:00 Bridge (L) 3:00 <b>Poetry with Hans</b> (CK) 4:00 <b>Variety Club</b> (VP) 4:00 Laugh Lounge (PP) 7:00 Pub Social: Trivia Quiz Night (PP)	<b>16</b> 9:30 Therapy Dog Visit (L) 10:00 <b>Mandi’s Yoga (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Baking (CK) 2:00 Movie Matinee: A Beautiful Mind (VP) 3:00 <b>Bookworm’s Meeting</b> (CK) 4:00 <b>Creative Crafts with Nadine</b> (CK) 7:00 BEANO! (CK) 7:00 Papa Jo’s Movie (VP)	<b>17</b> 9:45 <b>Walmart (L)</b> 10:00 <b>VIVAfit Balance (VS)</b> 11:15 “That’s Awesome!” (PP) 2:00 <b>Yiddish Café: Jammers: Fiddler on the Roof</b> (L) 3:30 Euchre (PP) 7:00 Billiards (PP) 7:00 Games Night (L)	<b>18</b> 10:00 <b>VIVAfit &amp; Stand (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 <b>Price Is Right</b> (PP) 2:00 <b>Current Events with the Harris’s</b> (PP) 3:00 <b>Happy Hour: You Be the Judge</b> (PP) 4:00 Favourite Music Hour (PP) 5:00 <b>Shabbat Service</b> (VP)	<b>19</b> 11:00 <b>VIVAfit Sit (VS)</b> 11:15 Word Twist (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Classic Comedy (PP) 4:00 Crafts with Lifestyles (CK) 7:00 Poker (BG) 7:00 <b>Sheldon Glass Movie Night</b> (VP)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20</b> 10:00 <b>VIVAfit Sit and Stand (VS)</b> 11:15 Catchphrase (BG) 1:00 Beit Rayim Baking: Make sugar cookies 2:00 Black Jack! (PC) 3:00 Charades (PP) 4:00 Wii Tennis (PP) 7:00 Sunday Movie: The Bodyguard (VP)	<b>21</b> 10:00 <b>Mandi's Zumba (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Ceramics (CK) 1:30 Therapy Dog Visits (L) 2:00 <b>Nosh &amp; Drosh with Dalia (CK)</b> 3:00 Knit and Chat (CK) 3:00 <b>Program Planning Meeting (CK)</b> 7:00 BEANO! (CK) 7:00 Documentary (VP)	<b>22</b> 10:00 <b>VIVAfit Strength (VS)</b> 11:15 Word Twist (PP) 11:30 <b>Lunch: Eastside Mario's (L)</b>  2:00 Bridge (L) 3:00 <b>Entertainment: Peter and Helen Ness (L)</b> 3:15 Wine and Paint (CK) 4:00 <b>Variety Club (VP)</b> 4:00 "How Did It Really Happen?" Discussion (PP) 7:00 Pub Social: Trivia Quiz Night (PP)	<b>23</b> 9:30 Therapy Dog Visit (L) 10:00 <b>Mandi's Yoga (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Baking (CK) 2:00 Movie Matinee: Hairspray (VP) 2:00 <b>Billiards Tips and Tricks with Bruce Butler (PP)</b> 3:00 <b>Bookworm's Meeting (CK)</b> 4:00 <b>Creative Crafts with Nadine (CK)</b> 7:00 BEANO! (CK) 7:00 Papa Jo's Movie (VP)	<b>24</b> 9:45 <b>Bank and Shoppers Drug Mart (L)</b>  10:00 <b>VIVAfit Balance (VS)</b> 11:15 Wheel of Fortune (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Euchre and Euchre Lessons with Karen (PP) 4:00 Yiddish Club (PP) 7:00 Billiards (PP) 7:00 Games Night (L)	<b>25</b> 10:00 <b>VIVAfit Sit (FD)</b> 10:00 <b>VIVAfit &amp; Stand (VS)</b> 11:15 Scattergories (PP) 2:00 <b>Current Events with the Harris's (PP)</b> 3:00 <b>Happy Hour: That's Awesome! (PP)</b> 4:00 Favourite Music Hour (PP) 5:00 <b>Shabbat Service (VP)</b>	<b>26</b> 11:00 <b>VIVAfit Sit (VS)</b> 11:15 Word Twist (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Classic Comedy (PP) 4:00 Crafts with Lifestyles (CK) 7:00 Poker (BG) 7:00 Movie Night: The Great Gatsby (VP)
<b>27</b> 10:00 <b>VIVAfit Sit and Stand (VS)</b> 11:15 Catchphrase (BG) 2:00 Black Jack! (PC) 3:00 Charades (PP) 4:00 Wii Golf (PP) 7:00 Sunday Movie: An Officer and a Gentleman (VP)	<b>28</b> 10:00 <b>Mandi's Zumba (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:00 <b>"The \$10.00 Sale" with Judy and Gerry (PC)</b> 3:00 - 11:15 Wine and Paint (CK) 1:30 Therapy Dog Visits (L) 2:00 <b>Nosh &amp; Drosh with Dalia (CK)</b> 3:00 <b>Presentation: Scotland &amp; Shortbread with Sean Chubbuck (L)</b> 3:00 Knit and Chat (CK) 7:00 BEANO! (CK) 7:00 Documentary (VP)	<b>29</b> 10:00 <b>VIVAfit Strength (VS)</b> 11:15 Word Twist (PP) 11:30 <b>Lunch at Swiss Chalet and shop at Promenade Mall (L)</b>  2:00 Bridge (L) 3:00 <b>Poetry with Hans (CK)</b> 4:00 <b>Variety Club (VP)</b> 4:00 Laugh Lounge (PP) 7:00 Pub Social: Trivia Quiz Night (PP)	<b>30</b> 9:30 Therapy Dog Visit (L) 10:00 <b>Mandi's Yoga (VS)</b> 10:00 <b>VIVAfit Sit (FD)</b> 11:15 Baking with Joel (CK) 2:00 Movie Matinee: Dear John (VP) 3:00 <b>Bookworm's Meeting (CK)</b> 4:00 <b>Creative Crafts with Nadine (CK)</b> 7:00 <b>Entertainment: The Harmonies (L)</b>	<b>31</b> 9:45 <b>Walmart (L)</b>  10:00 <b>VIVAfit Balance (VS)</b> 11:15 "That's Awesome!" (PP) 2:00 Rummikub: Advanced and beginners (L) 3:00 Euchre and Euchre Lessons with Karen (PP) 4:00 Yiddish Club (PP) 5:00 <b>Interactive Supper with Chef Mitch (CK)</b> 7:00 Billiards (PP) 7:00 Games Night (L)		

Did you hear about the cell phone and the firework that were arrested on New Year's Eve?

One was charged and the other was let off.