



Community Member Sarah on the piano.

A Fun-filled February

In February, we enjoyed a lovely piano recital from our talented Community Member, Sarah Brickman, and many great entertainers including the children from Bialik Hebrew Day School Choir, the Phoenix Academy of the Arts, Alec and Aaron, Animal Ambassadors and Kharen Westby.

We had some very interesting presentations by our Lifestyle Assistant Tenna, and by special guests Lianne Harris and Gerry Lasky.

All Heart at V!VA Thornhill Woods

Our Valentine's Day celebrations included wonderful live entertainment by the talented Jossy Abramovich at our Yiddish café, followed by a variety of tasty desserts. Our Community is truly a close knit group of people who love and support each other.

Hans' Poets Corner "A Lesson Learned"

I started thinking long and hard,
After I was fortunate to take part,
In a Program Planning session,
And below is my impression;

That there are easier ways to make a living,
But we are graced to have people who are driven,
To share and not only to dedicate their life to how
Many dollars can be made; now here is translated
Into poetry, the organizing person's plea;

"Just let me try for a while, to make you happy,
Make you smile, you might not have so long to live,
So of myself I want to give.

I will do my best and I shall strive,
To create some pleasure in your life;
You tell me what you want to do,
And I will try to make it come true.

PS – If we watch and look around,
this compassionate attitude amongst the staff,
is easy to be found.

V!VAvoice



March 2019

Your V!VA Community Newsletter

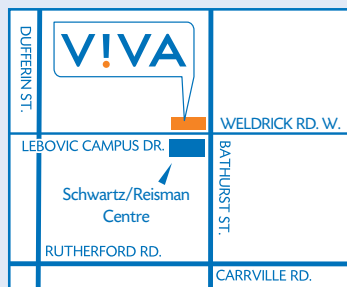
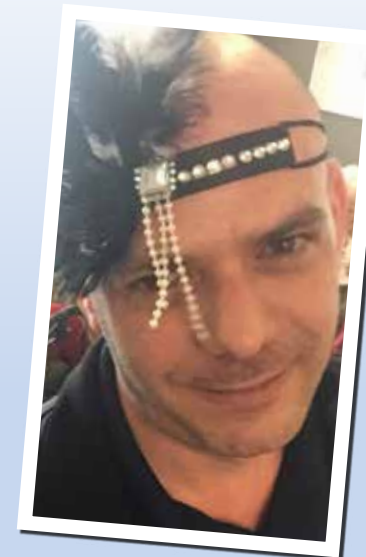
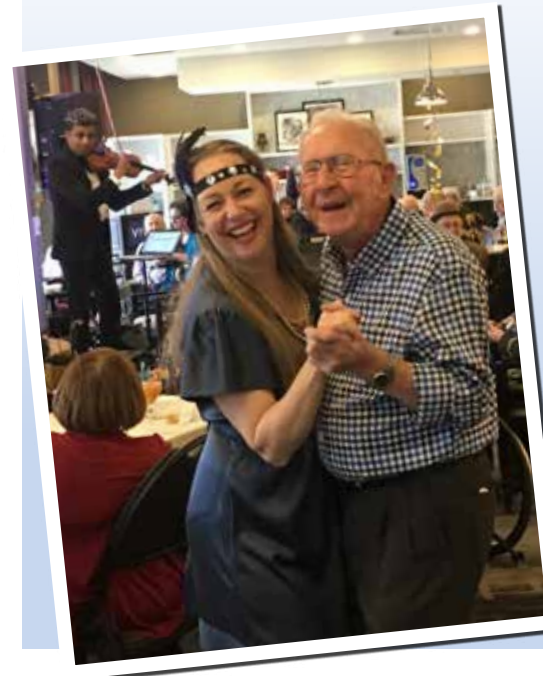
Welcome to March! Spring is (almost) officially here, and we have a great month planned. Finally the weather is changing for the better! Remember to put your clocks forward one hour before you go to bed on Saturday, March 9th!



SIX YEARS OF *Making Today Great!*

Our 6th Year Anniversary was a fabulous event with live entertainment, delicious food, good friends, and good laughs. The event was made even more special by our Community Members showing off their singing, poetry,

and heartfelt speeches. It was great to look back on six years of memorable moments, and we look forward to creating many more.



Making Today Great!

V!VA Thornhill Woods Retirement Community

9700 Bathurst Street, Vaughan, ON L6A 4V2

vivalife.ca (905) 417-8585 Find us on



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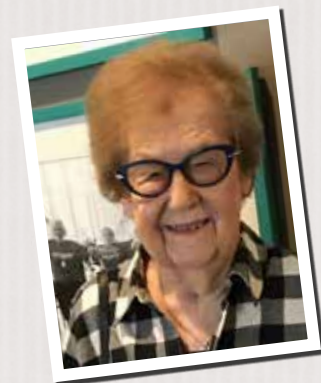
CAPTION THIS!

Each month's newsletter features a different photo from around the Community, and we're asking YOU to provide a caption!

The winner gets their caption published in next month's newsletter, along with their photo, and a complimentary gourmet VIVALicious lunch for two! Submit your winning caption to Concierge, or by email to: thornhillwoods@vivalife.ca



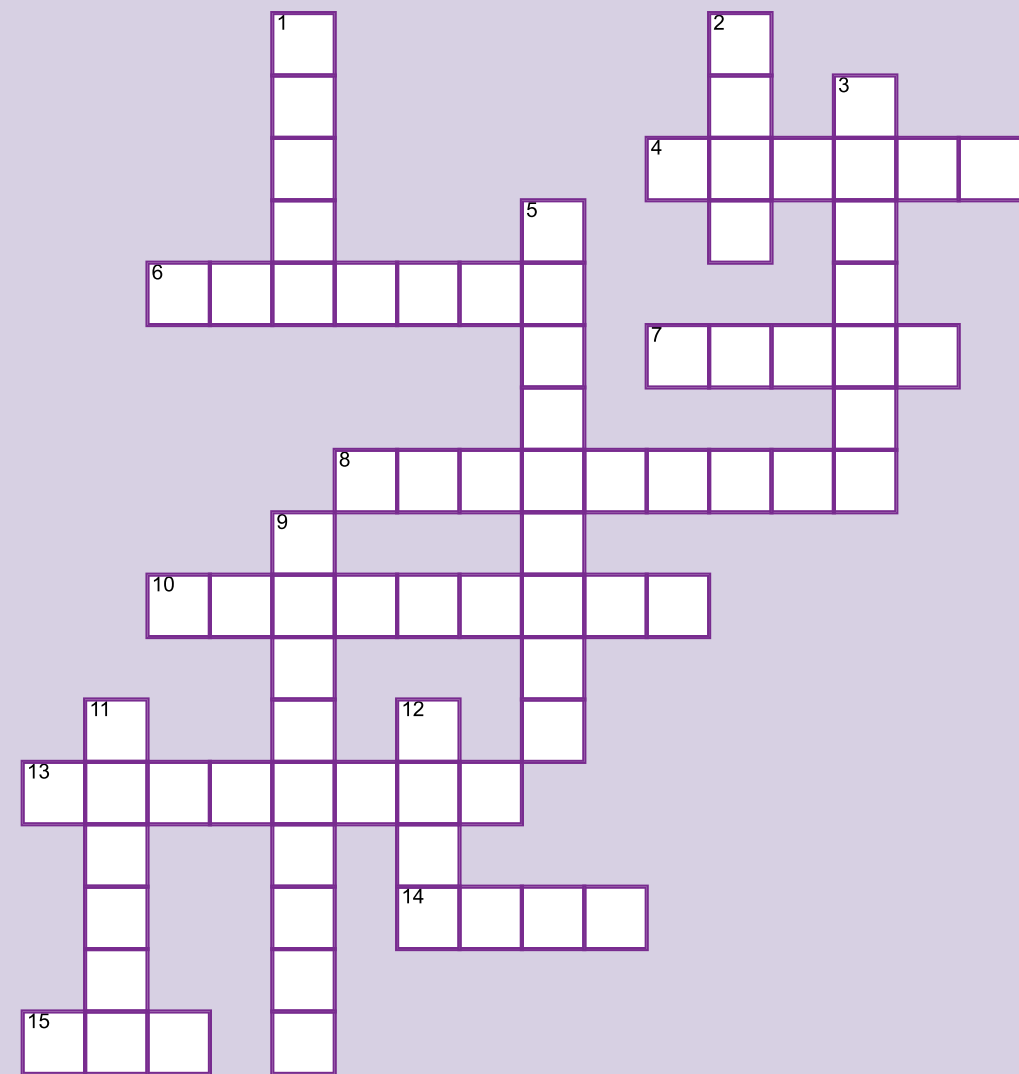
Hi!
I am off to play
BINGO!



Congratulations Rose Roberts! You've won a complimentary VIVALicious lunch for two!



Use the clues below to complete this Mardi Gras crossword!
It's harder than it looks! Good luck!



Across

- 4 Decorated platforms pulled by a tractor in a parade
- 6 Fashion of dress for a particular occasion
- 7 A female sovereign or monarch
- 8 Plastic or metal coins thrown from parade floats
- 10 Torches to light the night parade routes
- 13 The season immediately preceding Lent
- 14 A male sovereign or Monarch
- 15 King of Mardi Gras

Down

- 1 Small round pieces of material, for stringing or beading
- 2 Mr. Big Stuff of Mardi Gras
- 3 "Krewe" members who ride on a float
- 5 To have or participate in a party
- 9 Fat Tuesday
- 11 A large public procession
- 12 A covering for all or part of the face

Across 4. Floats, 6. Costume, 7. Queen, 8. Doubloons, 10. Flambeaux, 13. Carnival, 14. King, 15. Rex
Down 1. Beads, 2. Zulu, 3. Maskers, 5. Celebrate, 9. Mardi Gras, 11. Parade, 12. Mask

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Legend

Orange Fitness Class

Purple Special Event

Green Excursion

Sign Up

Cost Required

Shuttle

Walking

- (PC) Perks! Café
- (PP) Pints! Pub
- (TR) Therapy Room
- (VP) V!VAplex
- (VG) Victory Garden
- (VS) V!VAfit Studio
- (L) Lobby
- (CC) Community Commons
- (BG) Brain Gym
- (CK) V!VAcraft Kitchen
- (FD) Family Den
- (HR) Horticulture Room
- (P) Pool



- 1**
- 9:00 **V!VAfit Swim (P)**
 - 10:00 **V!VAfit Sit & Stand (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 Game Show Live: The Price Is Right (PP)
 - 2:00 **Current Events with the Harris's (CK)**
 - 3:15 Happy Hour: That's Awesome (PP)
 - 4:00 Favourite Music Hour (PP)
 - 5:00 **Shabbat Service (VP)**

- 2**
- 10:00 **V!VAfit Sit (VS)**
 - 11:00 Word Twist (PP)
 - 2:00 Rummikub: Advanced and beginners (L)
 - 4:00 Crafts with Lifestyles (CK)
 - 7:00 Poker (BG)
 - 7:00 **Sheldon Glass Movie: "Love Me or Leave Me" (VP)**

- 3**
- 9:00 **V!VAfit Swim (P)**
 - 10:00 **V!VAfit Sit & Stand (VS)**
 - 11:00 **Beit Rayim Purim Parade (L)**
 - 2:00 Black Jack! (PC)
 - 3:00 Favourite Music Hour (PP)
 - 4:00 Wii Bowling (PP)
 - 7:00 **New Release Movie: "A Star is Born" (2018) (VP)**

- 4**
- 10:00 **Mandi's Zumba (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 Wheel of Fortune (PP)
 - 1:30 Therapy Dog Visits (L)
 - 2:00 **Nosh & Drosh with Dalia (CK)**
 - 3:00 Knit and Chat (CK)
 - 3:00 Meditation with Kerri (VS)
 - 4:00 **Sarah Brickman Piano Recital (L)**
 - 7:00 BEANO! (CK)
 - 7:00 **Documentary: "One of Us" (VP)**

- 5**
- 10:00 **Hillcrest Mall**
 - 10:00 **V!VAfit Strength (VS)**
 - 10:40 Catchphrase (PP)
 - 11:15 Snack and chat with Merav (PC)
 - 2:00 Kalooki (CK)
 - 2:00 Match the Famous Inventors to their Invention (PP)
 - 3:00 **Program Planning Meeting (CK)**
 - 4:00 **V!VA Variety Club (VP)**
 - 4:00 Physical Game: Bola Ball (VS)
 - 7:00 Pub Social: Trivia Quiz Night: Movies (PP)

- 6**
- 9:00 **V!VAfit Swim (P)**
 - 9:30 Therapy Dog Visit (L)
 - 10:00 **Mandi's Yoga (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 Charades (BG)
 - 11:00 **Mandi's Muscle Mix (VS)**
 - 2:00 **Billiards: Tips and Tricks (PP)**
 - 3:00 **Audio Book Club (PDR)**
 - 4:00 **Creative Crafts with Nadine (CK)**
 - 7:00 BEANO! (CK)
 - 7:00 **Papa Jo's Movie: "Beaches" (FD)**

- 7**
- 10:00 **Yummy Market & Dollerama**
 - 10:00 **V!VAfit Balance (VS)**
 - 11:00 Word Twist (PP)
 - 2:00 **Entertainment: Lauren Segal (L)**
 - 3:00 Spelling Bee (BG)
 - 3:00 Euchre and Euchre Lessons with Karen (PP)
 - 4:00 **Yiddish Club (PP)**
 - 5:00 **Interactive Supper with Chef Mitch (CK)**
 - 7:00 Games Night (L)

- 8**
- 9:00 **V!VAfit Swim (P)**
 - 10:00 **V!VAfit Sit & Stand (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 Laugh Lounge (PP)
 - 2:00 **Current Events with the Harris's (CK)**
 - 3:15 Happy Hour: Trivia (PP)
 - 4:00 Favourite Music Hour (PP)
 - 5:00 **Shabbat Service (VP)**

- 9**
- 10:00 **V!VAfit Sit (VS)**
 - 11:00 Word Twist (PP)
 - 2:00 Rummikub: Advanced and beginners (L)
 - 4:00 Crafts with Lifestyles (CK)
 - 7:00 Poker (BG)
 - 7:00 **New Release Movie: "The House with a Clock in its Walls" (2018) (VP)**

- 10 Daylight Saving Time**
- 9:00 **V!VAfit Swim (P)**
 - 10:00 **V!VAfit Sit & Stand (VS)**
 - 11:00 Catchphrase (BG)
 - 2:00 Black Jack! (PC)
 - 3:00 Favourite Music Hour (PP)
 - 4:00 Wii Tennis (PP)
 - 7:00 **New Release Movie: "Victoria and Abdul" (2018) (VP)**

- 11**
- 10:00 **Mandi's Zumba (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 Wheel of Fortune (PP)
 - 1:30 Therapy Dog Visits (L)
 - 2:00 **Nosh & Drosh with Dalia (CK)**
 - 3:00 Knit and Chat (CK)
 - 3:00 **Interactive Presentation: "Portable Sugar Shack" (PP)**
 - 4:00 Meditation with Kerri (VS)
 - 7:00 BEANO! (CK)
 - 7:00 **Documentary: "Shtisel (Emmis)" (VP)**

- 12**
- 10:00 **V!VAfit Strength (VS)**
 - 10:40 Catchphrase (PP)
 - 11:00 **Woodbine Casino**
 - 11:15 Chocolate and chat (PC)
 - 1:30 **Library visit: Order and return books (L)**
 - 2:00 Kalooki (CK)
 - 2:00 Match the Historical Landmarks to their Country (PP)
 - 3:00 **Poetry with Hans (CK)**
 - 4:00 **V!VA Variety Club (VP)**
 - 4:00 Bola Ball (VS)
 - 7:00 Pub Social: Trivia Quiz Night: Television (PP)

- 13**
- 9:00 **V!VAfit Swim (P)**
 - 9:30 Therapy Dog Visit (L)
 - 10:00 **Mandi's Yoga (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 **Community Council Meeting (VP)**
 - 2:00 Black Jack! (PC)
 - 2:00 Book Club (FD)
 - 3:00 **Audio Book Club (PDR)**
 - 4:00 **Beading with Nadine (CK)**
 - 7:00 BEANO! (CK)
 - 7:00 **Movie: "Dirty Rotten Scoundrels" (FD)**

- 14**
- 8:30 Baking (CK)
 - 10:00 **Bank and Shoppers Drug Mart**
 - 10:00 **V!VAfit Balance (VS)**
 - 11:00 Brain teasers: Are you smarter than a 5th grader? (PP)
 - 2:00-4:00 **Alia N TanJay Spring Fashion Show ft. our Community Members. Alia N TanJay sale (L)**
 - 4:00 **Yiddish Club (PP)**
 - 7:00 **Entertainment: Emilio Zarris (L)**

- 15**
- 9:00 **V!VAfit Swim (P)**
 - 10:00 **V!VAfit Sit & Stand (VS)**
 - 10:00 **V!VAfit Sit (FD)**
 - 11:00 Game Show Live: The Price Is Right (PP)
 - 11:00 **Mandi's Muscle Mix (VS)**
 - 2:00 **Current Events with the Harris's (CK)**
 - 3:15 Happy Hour: You Be the Judge (PP)
 - 4:00 Favourite Music Hour (PP)
 - 6:00 **Shabbat Service (VP)**

- 16**
- 10:00 **V!VAfit Sit (VS)**
 - 11:00 Word Twist (PP)
 - 2:00 Rummikub: Advanced and beginners (L)
 - 4:00 Crafts with Lifestyles (CK)
 - 7:00 Poker (BG)
 - 7:00 **Sheldon Glass Movie: "Some Like it Hot" (VP)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>9:00 V!VAfit Swim (P)</p> <p>10:00 V!VAfit Sit & Stand (VS)</p> <p>11:00 Catchphrase (BG)</p> <p>2:00 Black Jack! (PC)</p> <p>3:00 Favourite Music Hour (PP)</p> <p>4:00 St. Patrick's Day Quizzes and Irish Coffee Tasting (PP)</p> <p>7:00 New Release Movie: "Dog Days" (2018) (VP)</p>	<p>18</p> <p>10:00 Mandi's Zumba (VS)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>11:00 Wheel of Fortune (PP)</p> <p>11:00-3:00 "The \$10.00 Sale" with Judy and Gerry (PC)</p> <p>1:30 Therapy Dog Visits (L)</p> <p>2:00 Nosh & Drosh with Dalia (CK)</p> <p>3:00 Meditation with Kerri (VS)</p> <p>4:00 Team Member Spotlight with Kerri (PP)</p> <p>7:00 BEANO! (CK)</p> <p>7:00 Documentary: "The Resistance Banker" (VP)</p>	<p>19</p> <p>8:30 Breakfast Club (CK)</p> <p>10:00 V!VAfit Strength (VS)</p> <p>10:40 Catchphrase (PP)</p> <p>11:15 Snack and chat with Merav (PC)</p> <p>11:45 Lunch at Stroganoff's</p> <p>2:00 Beit Rayim Movie and Discussion with Rabbi Corber: "Dr. Bromer's Magic Soapbox" (VP)</p> <p>4:00 V!VA Variety Club (VP)</p> <p>4:00 Physical Game: Bola Ball (VS)</p> <p>7:00 Pub Social: Trivia Quiz Night: Celebrities (PP)</p>	<p>20 Spring Begins</p> <p>9:00 V!VAfit Swim (P)</p> <p>9:30 Therapy Dog Visit (L)</p> <p>10:00 Mandi's Yoga (VS)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>11:00 Charades (BG)</p> <p>11:00 Mandi's Muscle Mix</p> <p>1:30 Afternoon at the Opera: "La Bohème" (VP)</p> <p>2:00 Black Jack! (PC)</p> <p>3:00 Audio Book Club (PDR)</p> <p>4:00 Crafts with Nadine (CK)</p> <p>7:00 BEANO! (CK)</p> <p>7:00 A Walk to Remember</p> <p>7:30 Purim Megillah with Rabbi Deren (PP)</p>	<p>21 Purim</p> <p>10:00 Walmart</p> <p>10:00 V!VAfit Balance (VS)</p> <p>11:00 Word Twist (PP)</p> <p>2:00 Yiddish Café Purim Entertainment: Gold Band (L)</p> <p>3:30 Spelling Bee (BG)</p> <p>3:30 Euchre (PP)</p> <p>5:00 Interactive Supper with Chef Mitch (CK)</p> <p>7:00 Games Night (L)</p>	<p>22</p> <p>9:00 V!VAfit Swim (P)</p> <p>10:00 V!VAfit Sit & Stand (VS)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>11:00 Laugh Lounge (PP)</p> <p>2:00 Current Events with the Harris's (CK)</p> <p>3:15 Happy Hour: That's Awesome! (PP)</p> <p>4:00 Favourite Music Hour (PP)</p> <p>6:00 Shabbat Service (VP)</p>	<p>23</p> <p>10:00 V!VAfit Sit (VS)</p> <p>11:00 Word Twist (PP)</p> <p>2:00 Rummikub: Advanced and beginners (L)</p> <p>4:00 Crafts with Lifestyles (CK)</p> <p>7:00 Poker (BG)</p> <p>7:00 New Release Movie: "The Old Man and the Gun" (2018) (VP)</p>
<p>24</p> <p>9:00 V!VAfit Swim (P)</p> <p>10:00 V!VAfit Sit & Stand (VS)</p> <p>11:00 Catchphrase (BG)</p> <p>2:00 Black Jack! (PC)</p> <p>3:00 Favourite Music Hour (PP)</p> <p>4:00 Wii Baseball (PP)</p> <p>7:00 New Release Movie: "Bohemian Rhapsody" (2018) (VP)</p>	<p>25</p> <p>10:00 Mandi's Zumba (VS)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>11:00 Wheel of Fortune (PP)</p> <p>1:30 Therapy Dog Visits (L)</p> <p>2:00 Nosh & Drosh with Dalia (CK)</p> <p>3:00 Presentation: Elaine Charal: "The Power of the Pen" (VP)</p> <p>4:00 Meditation with Kerri (VS)</p> <p>7:00 BEANO! (CK)</p> <p>7:00 Documentary: "The Angel" (VP)</p>	<p>26</p> <p>10:00 V!VAfit Strength (VS)</p> <p>10:00 Promenade Mall</p> <p>10:40 Catchphrase (PP)</p> <p>11:15 Chocolate and chat with Merav (PC)</p> <p>2:00 Richmond Hill Public Library</p> <p>2:00 Kalooki (CK)</p> <p>2:00 Match Celebrity Artists to their Songs (PP)</p> <p>3:00 Poetry with Hans (CK)</p> <p>4:00 V!VA Variety Club (VP)</p> <p>4:00 Physical Game: Bola Ball (VS)</p> <p>7:00 Trivia Quiz Night: Movies (PP)</p>	<p>27</p> <p>9:00 V!VAfit Swim (P)</p> <p>9:30 Therapy Dog Visit (L)</p> <p>10:00 Mandi's Yoga (VS)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>11:00 Charades (BG)</p> <p>11:00 Mandi's Muscle Mix (VS)</p> <p>2:00 Black Jack! (PC)</p> <p>2:00 Book Club: Prep (FD)</p> <p>3:00 Audio Book Club (PDR)</p> <p>4:00 Beading with Nadine (CK)</p> <p>7:00 BEANO! (CK)</p> <p>7:00 P Jo's Movie: "Along Came Polly" (FD)</p>	<p>28</p> <p>8:30 Baking (CK)</p> <p>10:00 Bank & Shoppers Drug Mart</p> <p>10:00 V!VAfit Balance (VS)</p> <p>11:00 Are you smarter than a 5th grader? (PP)</p> <p>2:00 Birthday Social (Mackenzie Dining)</p> <p>3:00 Birthday Social Entertainment: Adam Mishan (L)</p> <p>4:00 Yiddish Club (PP)</p> <p>7:00 Guest Speaker: Chrissy Pearson "The Role of Music in Improving Brain Health" (VP)</p>	<p>29</p> <p>9:00-4:00 Eye clinic - EyeCare Express (VP)</p> <p>9:00 V!VAfit Swim (P)</p> <p>10:00 V!VAfit Sit & Stand (VS)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>11:00 Game Show Live: The Price Is Right (PP)</p> <p>11:45 Men's Club Lunch: Duff's Wings</p> <p>2:00 Current Events with the Harris's (CK)</p> <p>3:15 Happy Hour: Trivia (PP)</p> <p>4:00 Favourite Music Hour (PP)</p> <p>6:00 Shabbat Service (VP)</p>	<p>30</p> <p>10:00 V!VAfit Sit (VS)</p> <p>11:00 Word Twist (PP)</p> <p>2:00 Rummikub: Advanced and Beginners (L)</p> <p>4:00 Crafts with Lifestyles (CK)</p> <p>7:00 Poker (BG)</p> <p>7:00 New Release Movie: "First Man" (2018) (VP)</p>
<p>31</p> <p>9:00 V!VAfit Swim (P)</p> <p>10:00 V!VAfit Sit & Stand (VS)</p> <p>11:00 Catchphrase (BG)</p> <p>2:00 Black Jack! (PC)</p> <p>3:00 Favourite Music Hour (PP)</p> <p>4:00 Wii Bowling (PP)</p> <p>7:00 New Release Movie: "Johnny English Strikes Again" (2018) (VP)</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="background-color: #f4a460; padding: 20px; border-radius: 15px; width: 40%; text-align: center;"> <h2 style="color: white; margin: 0;">What did the tree say to spring?</h2> </div> <div style="background-color: #f4a460; padding: 20px; border-radius: 15px; width: 40%; text-align: center;"> <h2 style="color: white; margin: 0;">What a re-leaf!</h2> </div> </div>					