



Dancing "The Twist".

Outdoor Concerts

All month long we have had a wide variety of entertainers put on lovely outdoor shows. Vivianna had everyone in the crowd doing the twist! We plan to continue our outdoor concerts for as long as the weather allows for it.

Make sure to check out the monthly activity calendar to find out when these concerts are happening or ask a Lifestyles Team Member.



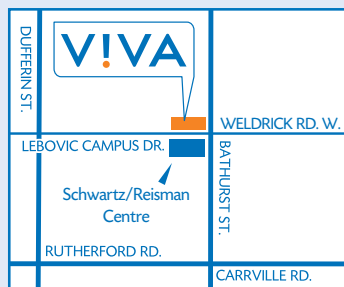
Outdoor concert.



Hans' Poets Corner "A Little Dog"

This is a story about a little dog
By the name of Chance,
Who takes his owner for a walk,
and sometimes for a dance,
He sniffs and stops at every tree,
To look around, and has the occasional pee,
And that gives you the opportunity,
To find out and see,
If it is a "he, or she",
He is very friendly and always greet,
Every- one he happens to meet,
With a wriggle of his little tail,

As if he just got out on bail,
His breed is a Yorkshire terrier,
Of the kind "the more the merrier",
He also has the extra sensitive perception,
of some dogs and he is no exception,
His owner gets into an embarrassing situation,
When, and this happens on some occasion,
some people will say "beautiful, sweet, and cute",
And they leave it open to dispute,
If it is the owner or the dog they mean,
So next time please be a bit more keen.



Making Today Great!

VIVA Thornhill Woods Retirement Community

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V!VAvoice



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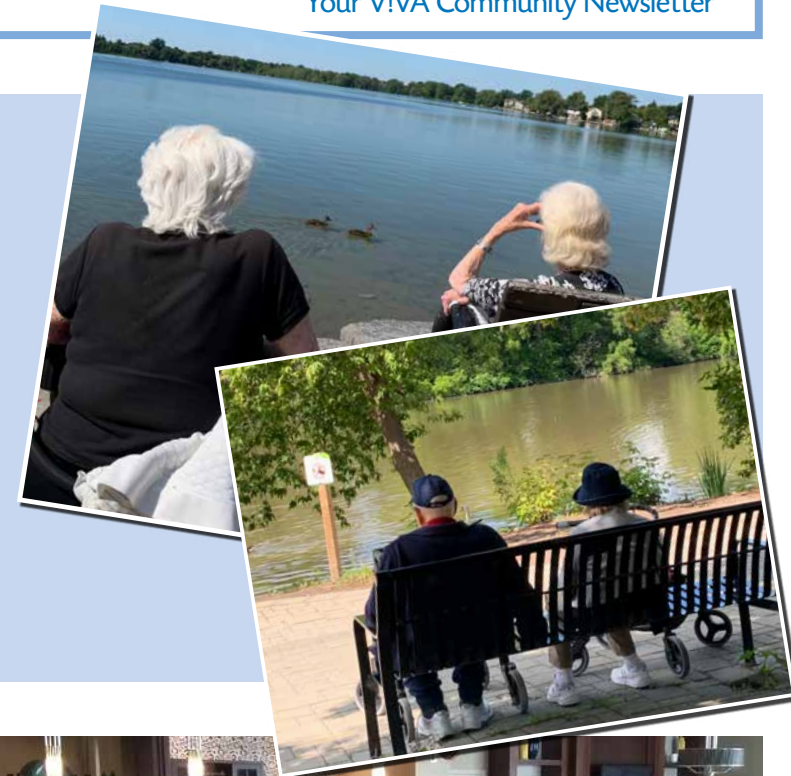
Your V!VA Community Newsletter

Trips to Mill Pond Park and Lake Wilcox

In August, we resumed small outdoor outings hoping to soak up the last few weeks of hot weather in a safe way!

Community Members enjoyed bird watching, walking and lounging in the sun at Mill Pond Park and Lake Wilcox.

It sure felt great to be back outside and spending time in nature again. Nothing compares to fresh air by the lake.



Story Telling with Sheila

Sheila, a Community Member here at VIVA Thornhill Woods, comes to us with a PHD, and a keen interest in hearing the stories of others and telling stories.

Sheila has been running her own program since before the pandemic and since bringing it back it is gaining popularity every week!



Story Telling program with Sheila.

Summer Community Service Project

Community Members hand crafted gorgeous artificial floral arrangements, which are going to be donated to Habitat for Humanity and Yellow Brick House. These charities plan to use our floral arrangements in their new homes and buildings across the province! We are so happy to have the opportunity to contribute in our local community during these tough times.





AUTUMN WORD SEARCH

FIVE FALL FOLIAGE FACTS

1 Although we notice the leaves change color in the fall, the red, orange and yellow pigments are actually present in leaves all year round! The only difference is that during other seasons, the pigments are primarily underneath the leaves' surface.

2 The reason these beautiful colors come out in the fall has to do with the change in sunlight. As the summer sun starts to die down, the chemical chlorophyll breaks down, which brings out the hidden colors.

3 Some suspect that global warming may have a negative impact on fall foliage, since part of the reason leaves change has to do with the change in temperature.

4 A leaf's color is typically a result of the species of tree it can be found on – for example, the leaves on aspen trees are generally a golden yellow during the fall months.

5 Leaves that fall to the ground during this time of year are extremely important for the ecosystem, as they become a form of protection for tree seeds as they germinate during the winter.

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| Chlorophyll | Hayride | Orange | Chilly | Red |
| Labour | Foliage | Autumn | Brown | Trees |
| Day | Pumpkin | Leaves | Crunch | Hay |
| Pigment | Colours | Acorns | Cider | |
| Harvest | Yellow | Apples | Rake | |