



Robert and Margaret pose for a photo and enjoy the Hollywood star treatment.



Festive decorations for a festive social.

Don't miss out!

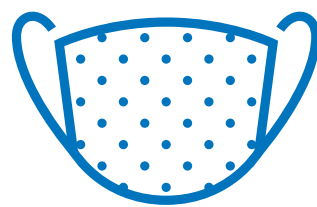
**Let's Get Fit! Week
January 4th – 8th**

Join us for sports games, fitness activities and a challenging scavenger hunt to help us burn off the holiday feasts and treats!

**Tropical Destination Day!
Wednesday, January 13th**

Enjoy a sunny staycation with this tropical-themed day, featuring a delicious jerk chicken lunch, bright colors, games, trivia and more.

Check with Lifestyles for details on these and other events, programs, and activities happening this month.



FACEMASKS MUST BE WORN WHEN PARTICIPATING IN ACTIVITIES

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V!VAoice

YOUR VIVA COMMUNITY NEWSLETTER

January 2021

V!VA Retirement Communities™
MISSISSAUGA

Due to the ongoing pandemic, there is no events calendar. Please speak to your Community's Lifestyles Team to learn more about what's happening at your Community this month!



Tim and Maria enjoy a friendly (and competitive!) game of dominoes in Perks! Bistro Café.



Community Member Kay works on a Paint-By-Numbers masterpiece.



Community Member Lois walks the red carpet on Hollywood Night.



Bev and Bruce celebrate Hollywood Night in style.



Some Good News

To End a Not-so-Good Year

There's Nice, and Then There's Canadian-nice

Leaving from their old home in Atlanta, Georgia, the Marchessaults' family car broke down in Wonowon, British Columbia on their way up to their new home in Alaska where their husband and father had been stationed. The town quickly spread the word of the family's plight on social media. Upon learning of their situation, Gary Bath, a Canadian Ranger, volunteered, met with the family and drove them more than 1,600 kilometres through a blizzard – and a global pandemic – to reunite them in Alaska.

Italy's Oldest Graduate

Giuseppe Paternò has become Italy's oldest graduate at the age of 96 after being awarded first-class honours in philosophy from the University of Palermo in Sicily. "It's one of the happiest days of my entire life," said Paternò on graduating. Prevented from going to university when younger by poverty and war, he finally enrolled in 2017. "Neighbours used to ask, 'why all this trouble at your age?'. They couldn't understand the importance of fulfilling a dream, regardless of my age," says Paternò.

Giving Palm Oil the Hand

Over the past few decades, it has become wildly apparent that palm oil – found in a variety of products including food – is terrible for human health, and devastating to wildlife. Food scientists at the University of Guelph have developed a healthier and more sustainable substitute for palm oil that could be used in prepared foods like cookies and pizza crust, as well as cosmetics, shampoo and toothpaste.

Money Falls From the Sky

An Indonesian man became astronomically rich after a precious meteorite worth nearly \$2 million smashed through the veranda of his home. Hopefully, this was more than enough money to cover the repair to his veranda.

Sources: <https://nypost.com/2020/11/18/rare-meteorite-worth-2-million-crashes-through-mans-roof/> <https://www.readersdigest.ca/culture/good-news-stories-world/>
<https://www.ctvnews.ca/world/a-canadian-man-drives-a-stranded-american-family-1-600-km-to-alaska-1.5219974>

Word Search

The New Year is almost here! Get into the spirit searching for festive words in the block below.

O U V D O E V J S R P X F N N K C X W L F I R M S
O Y X T G C A K E Z R A C R V W G E B T J M Q I R
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CHAMPAGNE

CONFETTI

COUNTDOWN

DANCING

FIREWORKS

HANGOVER

HOLIDAY

JANUARY

MIDNIGHT

MUSIC

PARTY

RESOLUTION

RESOLUTIONS

STREAMERS

TUXEDO