



Trudy and Helen having fun decorating cookies in the Spring Bloom decorating workshop.



A beautiful day for a trip to the Royal Botanical Gardens.

Don't miss out!

Easter Monday Celebration with Just Us Entertainment
Monday, April 1
3:00 - 4:00 pm – Perks! Café

Fashion Friday with Karen
Friday, April 5
3:00 pm – Pints! Pub

Halton Region Police presentation on "Fraud"
Wednesday, April 24
2:00 pm – V!VAplex

Receive a cheque* for every friend you refer to V!VA Oakville who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

*Conditions apply

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1 Sixteen Mile Drive, Oakville, ON L6M 1P3
 (289) 725-6000 | oakville@vivalife.ca | vivalife.ca



VIVA Oakville Community Members give back to SafetyNet in their semi annual clothing drive.



Moira Ann Margaret and Audrey enjoying the Royal Botanical Gardens.



Marilyn and Anne whipping up some Hello Dollies in the kitchen.



Trudy and Sherrin decked out in green enjoying the St. Patricks Day festivities.

Let's Say Hello to April!

DID YOU KNOW...

The zodiac signs for April are Aries (March 21-April 19) and Taurus (April 20-May 20)

April 6 is considered National Pillow Fight Day! Don't forget to have some fun with this one!

The daisy and the sweet pea are birth flowers for the month of April. The sweet pea signifies blissful pleasure, while daisies represent childhood innocence, loyalty, and purity.

April takes its name from the Latin word aperire, meaning 'to open', just like flowers do in spring.

The diamond is the traditional birthstone for April!

SUDOKU FUN!

			3	9	2		5	
4	9	2					6	
6	5	3		7			8	1
3	6		7	2	5			
			4		5			
		5	6					
2	4	1			6	7		3
			4	9			2	
8		3		2		5	4	

	5	7	3	1			9	6
6		1	4		5			
8	2	3	7	9		4		5
9	1				7		5	4
	4	6		5	9	1		
2		5	8		1	9	6	
3		2		7		5		
5		4		2	3	6		1
1	7		5		4	3		8

			7	2	6	8	4	
4	8		5			6	7	2
				3		5		9
			5		7			
	9	4	1	8	3	2		
			6		4	9		
	6	5	3	4	7		2	8
8			9	6		3	5	7
			8	1		4	9	

	4							
8	3	9				1		
			8	9		5		2
9	5	6		3		4		
4				6		3		
		3	5			6		9
5	9				3	7	6	1
	7	8		5		2	4	
	1		4	7			9	5

Each puzzle consists of a 9x9 grid containing given clues in various places. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box.

Reserve your spot for events and programs at Concierge.

April 2024

V!VA Oakville



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Locations Legend</p> <p>V!VAfit Studio (VS) Family Den (FD) Pints! Pub (PP) Brain Gym (BG) V!VAplex (VP) Lobby (L) Perks! Cafe (PC) Community Commons (CC) Craft Kitchen (CK) Pool (P) Victory Garden- Main Floor (VGM)</p>	<p>10:15 Tai Chi with Lina (VS) 1 10:30 V!VAfit Fun (FD) 11:00 Current Events (FD) 11:00 V!VAfit Sit (VS) 2:00 Table Shuffleboard (VS) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Easter Celebration with Just Us Entertainment (PC) 7:00 Community Bridge (BG)</p>	<p>10:15 V!VAfit Sit (VS) 2 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Sit and Stand (VS) 2:00 Bingo (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Tech Help (PC) 3:00 Aquafit with Olivia (P) 7:00 Bid Euchre (PP)</p>	<p>10:00 Bus Trip: Glen Abbey Library (L) 3 10:30 V!VAfit Fun (FD) 10:30 Zumba with Ariam (VS) 11:00 Current Events (FD) 11:00 Vendor Sale: Sweaters with Carolyn (CK) 11:00 V!VAfit Sit (VS) 1:30 Floor Shuffleboard (VS) 2:00 Java Mentorship Meeting (CC) 2:00 Bus Outing: Walmart (L) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Rummikub (PC) 7:00 Euchre (VP)</p>	<p>9:30 Generations Unite with Kings Christian College (CK) 4 10:00 Bus Trip: Oakville Place (L) 10:15 V!VAfit Sit (VS) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Balance (VS) 2:00 Fun Bridge (CC) 2:00 Movie Matinee: Oppenheimer (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG)</p>	<p>10:15 V!VAfit Sit (VS) 5 10:30 V!VAfit Fun (FD) 11:00 Current Events (FD) 11:00 V!VAfit Open Gym (VS) 1:30 Rosary Group (CC) 2:00 Bingo (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Fashion Friday with Karen (PP) 7:00 Netflix Night - Dead To Me (VP)</p>	<p>10:15 V!VAfit Sit (VS) 6 10:30 St.John Therapy Dog Visits (L) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Strength (VS) 11:00 St.John Therapy Dog Visits (FD) 2:30 Finish The Phrase (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:30 V!VAfit Fun (FD) 7:00 Movie Night - Burn After Reading (VP)</p>
<p>10:15 V!VAfit Sit (VS) 7 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Open Gym (VS) 2:00 Cribbage (PC) 2:30 Baking (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:30 V!VAfit Fun (FD)</p>	<p>10:15 V!VAfit Sit (VS) 8 10:30 V!VAfit Fun (FD) 11:00 Current Events (FD) 2:00 Table Shuffleboard (VS) 2:00 Toronto Blue Jays Home Opener Party (PP) 2:30 Bingo (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Solar Eclipse Viewing (VP) 6:30 Poker with Desi (PP) 7:00 Community Bridge (BG)</p>	<p>9:30 Seated Yoga with Natalie (VS) 9 10:15 V!VAfit Sit (VS) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Sit and Stand (VS) 11:00 V!VAfit Open Gym (VS) 2:00 Bingo (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Tech Help (PC) 3:00 Aquafit with Olivia (P) 7:00 Bid Euchre (PP)</p>	<p>10:15 V!VAfit Sit (VS) 10 10:30 V!VAfit Fun (FD) 11:00 Current Events (FD) 11:00 V!VAfit Open Gym (VS) 11:30 Lunch Trip: Mandarin (L) 1:30 Floor Shuffleboard (VS) 2:00 Java Mentorship Meeting (CC) 2:00 Bus Outing: Walmart (L) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 7:00 Euchre (VP)</p>	<p>10:00 Bus Trip: Shoppers Drug Mart -Neyagawa Blvd (L) 11 10:15 V!VAfit Sit (VS) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Balance (VS) 11:00 V!VAfit Open Gym (VS) 2:00 Fun Bridge (CC) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Banana Split Social with entertainment Split Decision (PC) 7:00 Classical Music Concert (VP)</p>	<p>10:15 V!VAfit Sit (VS) 12 10:30 V!VAfit Fun (FD) 11:00 Current Events (FD) 11:00 V!VAfit Open Gym (VS) 1:30 Rosary Group (CC) 2:00 Bingo (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Candle Making (CK) 7:00 Netflix Night - Dead To Me (VP)</p>	<p>10:15 V!VAfit Sit (VS) 13 10:30 St.John Therapy Dog Visits (L) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Strength (VS) 11:00 St.John Therapy Dog Visits (FD) 11:00 V!VAfit Open Gym (VS) 2:30 Finish The Phrase (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:30 V!VAfit Fun (FD) 7:00 Movie Night - Irish Wish (VP)</p>
<p>10:15 V!VAfit Sit (VS) 14 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Open Gym (VS) 2:00 Cribbage (PC) 2:30 Baking (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Piano Recital by The Lianne Moore Piano Studio (PC) 3:30 V!VAfit Fun (FD)</p>	<p>10:15 Tai Chi with Lina (VS) 15 10:30 V!VAfit Fun (FD) 10:30 Vendor Sale: Bella Boutique (CK) 11:00 Current Events (FD) 11:00 V!VAfit Sit (VS) 2:00 Table Shuffleboard (VS) 2:30 Bingo (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Painting and Margaritas (CK) 3:30 Board Games (FD) 7:00 Community Bridge (BG)</p>	<p>10:15 V!VAfit Sit (VS) 16 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Sit and Stand (VS) 2:00 Bingo (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Tech Help (PC) 3:00 Aquafit with Olivia (P) 7:00 Bid Euchre (PP)</p>	<p>10:00 Bus Trip: Woodbine Casino and Lunch (L) 17 10:00 Bus Trip: Glen Abbey Library (L) 10:30 V!VAfit Fun (FD) 10:30 Zumba with Ariam (VS) 11:00 Current Events (FD) 11:00 V!VAfit Sit (VS) 1:30 Floor Shuffleboard (VS) 2:00 Java Mentorship Meeting (CC) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 7:00 Euchre (VP)</p>	<p>10:00 Bus Trip: Dorval Crossing - East (L) 18 10:15 V!VAfit Sit (VS) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Balance (VS) 2:00 Fun Bridge (CC) 2:00 Cooking Demo with Chef Rob (CK) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Spring Tea Social (FD)</p>	<p>10:15 V!VAfit Sit (VS) 19 10:30 V!VAfit Fun (FD) 11:00 Current Events (FD) 11:00 V!VAfit Open Gym (VS) 1:30 Rosary Group (CC) 2:00 Bingo (VP) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:00 Creative Crafting: Pressed Flower Suncatchers (CK) 7:00 Netflix Night - Dead To Me (VP)</p>	<p>10:15 V!VAfit Sit (VS) 20 10:30 St.John Therapy Dog Visits (L) 10:30 V!VAfit Fun (FD) 11:00 V!VAfit Strength (VS) 11:00 St.John Therapy Dog Visits (FD) 2:30 Finish The Phrase (FD) 3:00 Happy Hour (PP) 3:00 Knitting Group (BG) 3:30 V!VAfit Fun (FD) 7:00 Movie Night - Where The Crowdads Sing (VP)</p>

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April 2024

V!VA Oakville



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:15 V!VAfit Sit (VS) 21</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 V!VAfit Open Gym (VS)</p> <p>2:00 Cribbage (PC)</p> <p>2:30 Baking (FD)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:30 V!VAfit Fun (FD)</p>	<p>10:15 V!VAfit Sit (VS) 22</p> <p>10:15 V!VAfit Sit (VS)</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 Current Events (FD)</p> <p>2:00 Table Shuffleboard (VS)</p> <p>2:30 Bingo (FD)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:00 Trivia Tournament (PP)</p> <p>3:30 Indoor Mini Putt (FD)</p> <p>7:00 Community Bridge (BG)</p>	<p>9:30 Seated Yoga with Natalie (VS) 23</p> <p>10:15 V!VAfit Sit (VS)</p> <p>10:30 V!VAfit Fun (FD)</p> <p>10:30 Vendor Sale: Mobile Clothing Shop (CK)</p> <p>11:00 V!VAfit Sit and Stand (VS)</p> <p>2:00 Bingo (VP)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:00 Aquafit with Olivia (P)</p> <p>3:00 Tech Help (PC)</p> <p>7:00 Bid Euchre (PP)</p>	<p>10:00 Bus Outing: Walmart (L) 24</p> <p>10:15 V!VAfit Sit (VS)</p> <p>10:30 V!VAfit Fun (FD)</p> <p>10:30 Zumba with Ariam (VS)</p> <p>11:00 Current Events (FD)</p> <p>11:00 V!VAfit Sit (VS)</p> <p>1:30 Floor Shuffleboard (VS)</p> <p>2:00 Halton Region Police Presentation: Fraud (VP)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>7:00 Euchre (VP)</p>	<p>10:00 Bus Trip: Shoppers Drug Mart- Upper Middle Road (L) 25</p> <p>10:15 V!VAfit Sit (VS)</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 V!VAfit Balance (VS)</p> <p>11:00 V!VAfit Open Gym (VS)</p> <p>11:00 Roman Catholic Mass (VP)</p> <p>2:00 Fun Bridge (CC)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:00 Community Member Forum (VP)</p> <p>4:00 Documentary - The Elephant Whisperers (VP)</p> <p>7:00 Classical Music Concert (VP)</p>	<p>10:15 V!VAfit Sit (VS) 26</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 Current Events (FD)</p> <p>11:00 V!VAfit Open Gym (VS)</p> <p>1:30 Rosary Group (CC)</p> <p>2:00 Bingo (VP)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>7:00 Netflix Night - Dead To Me (VP)</p>	<p>10:15 Tai Chi (VS) 27</p> <p>10:15 V!VAfit Sit (VS)</p> <p>10:30 St. John Therapy Dog Visits (L)</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 V!VAfit Strength (VS)</p> <p>11:00 St. John Therapy Dog Visits (FD)</p> <p>11:00 V!VAfit Open Gym (VS)</p> <p>2:30 Finish The Phrase (FD)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:30 V!VAfit Fun (FD)</p> <p>7:00 Movie Night - The War With Grandpa (VP)</p>
<p>10:15 V!VAfit Sit (VS) 28</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 V!VAfit Open Gym (VS)</p> <p>2:00 Cribbage (PC)</p> <p>2:30 Baking (FD)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:30 V!VAfit Fun (FD)</p>	<p>10:15 V!VAfit Sit (VS) 29</p> <p>10:15 Tai Chi with Lina (VS)</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 Current Events (FD)</p> <p>11:00 V!VAfit Sit (VS)</p> <p>2:00 Table Shuffleboard (VS)</p> <p>2:00 Zumba with Ariam at the Taste of Columbia Cafe (L)</p> <p>2:30 Bingo (FD)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:30 Outdoor Strolls (VGM)</p> <p>7:00 Community Bridge (BG)</p>	<p>10:15 V!VAfit Sit (VS) 30</p> <p>10:30 V!VAfit Fun (FD)</p> <p>11:00 V!VAfit Sit and Stand (VS)</p> <p>2:00 Bingo (VP)</p> <p>3:00 Happy Hour (PP)</p> <p>3:00 Knitting Group (BG)</p> <p>3:00 Monthly Birthday Party with Marcus Schwan (PC)</p> <p>7:00 Bid Euchre (PP)</p>				

Knitting Group
3:00 in the Brain Gym
Please join us everyday at we gather as a group, work on our knitting projects and enjoy the company of fellow Community Members and Friends!

Happy Hour
Join us in Perks! Pub everyday at 3:00pm for an amazing variety of drinks, snacks and of course tons of fun!

Lets cheer on our Boys of Summer as the Blue Jays start their season!
On Monday April 8th join us in the Pub as we celebrate the Blue Jays home opener!



Welcome April!