



Lee looking beautiful on Mother's Day!



Getting homemade strawberry scones ready for the Mother's Day high tea!

**Don't miss out!**

**GUEST PRESENTATION BY SHANNON GRAHAM: LIFE AND INFLUENCE OF JUDY GARLAND**

Monday, June 10  
4:00pm - 5:00pm – V!VAplex

**FATHER'S DAY CELEBRATION**

Friday, June 14  
3:00pm - 4:00pm – Perks! Café

**FRENCH CLASS WITH ROBERT P**

Every Thursday  
3:00pm – Brain Gym

**V!VA MISSISSAUGA CHOIR GROUP**

Every Friday  
2:00 – Lobby

Receive a cheque\* for every friend you refer to V!VA Mississauga who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

\*Conditions apply

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5575 Bonnie Street, Mississauga, ON L5M 0N8  
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V!VA Mississauga – Happier Here™



Dom Ida and Josie enjoying the Mother's Day high tea!



Anna letting her creativity show!



Fran and her wonderful home decor made at craft class with Karli!



Mother's Day Brunch Buffet!

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# June 2024

## V!VA Mississauga



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><u>Locations Legend</u></p> <p>Brain Gym (BG)            Craft Kitchen (CK)            Family Den (FD)            Lobby (L)            Perks! Cafe (PC)</p> <p>Pints! Pub (PP)            Pool (P)            V!VAplex (VP)            V!VAfit Studio (VS)            988 Info TV (988)</p>		<p><b>Orange</b> Fitness Class</p> <p><b>Purple</b> Special Event</p> <p><b>Green</b> Excursion</p> <p>✓ Sign Up</p> <p>🚌 Shuttle</p> <p>\$ Cost required</p> <p>▶▶ Walking</p>	<p>10:15 V!VAfit Fun (FD) <b>1</b></p> <p>10:30 Anglican Church Service (988)</p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 V!VAfit Balance (VS)</p> <p>3:00 Armchair Travel: European Festivals (FD)</p> <p>3:15 Afternoon Movie: "Sweet Home Alabama" (VP)</p> <p>3:30 Happy Hour (PP)</p>
					<p>2:30 Bingo (L)</p> <p>4:00 Brain Games (FD)</p> <p>6:30 The Crown - Season 3: Episode 10 (VP)</p>	<p>9:30 Poetry Corner (FD) <b>3</b></p> <p>10:15 V!VAfit Combo - Waltz (VS) <b>3</b></p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 V!VAfit Sit &amp; Stand (VS)</p> <p>2:30 Drawing Class with Esther (CK) ✓</p> <p>3:00 Afternoon Movie: "My Big Fat Greek Wedding" (VP)</p> <p>3:30 Happy Hour (PP)</p> <p>4:15 Brain Games (FD)</p> <p>6:30 Series: The Queens Gambit - Episode 5 (VP)</p>

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# June 2024

## V!VA Mississauga




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:15 V!VAfit Fun (FD) <b>9</b></p> <p>10:30 St. Josephine's Parish - Catholic Mass (VP)</p> <p>11:15 V!VAfit Sit - Strength Class (VS)</p> <p>2:30 Bingo (L)</p> <p>4:00 Therapeutic Colouring (FD)</p> <p>6:30 The Crown - Season 4: Episode 1 (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>10</b></p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 Zumba with Ariam (VS)</p> <p>3:00 New Community Member Social (PP)</p> <p>3:30 Happy Hour (PP)</p> <p>4:00 Guest Presentation by Shannon Graham: "Life &amp; Influence of Judy Garland" (VP)</p> <p>4:15 Brain Games (FD)</p> <p>6:30 Series: The Queens Gambit - Episode 6 (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>11</b></p> <p>10:30 Tai Chi with Lina (VS)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:00 Billiards &amp; Shuffleboard (PP)</p> <p>2:00 Scrabble Club (BG)</p> <p>2:30 V!VAfit Sit (VS)</p> <p>3:00 Cupcake Decorating Class with Marian (CK) ✓</p> <p>4:00 Drum Fit Fun (FD)</p> <p>7:00 Board Games Club (PP)</p> <p>7:00 Movie Night: "Madeline" (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>12</b></p> <p>11:15 V!VAfit Sit (VS)</p> <p>11:30 Lunch at Agha Turkish Restaurant \$ (L) ✓</p> <p>2:30 V!VAfit Sit - Strength Class (VS)</p> <p>3:30 Happy Hour (PP)</p> <p>4:00 Trivia (FD)</p> <p>6:30 Bingo (L)</p>	<p>10:00 Meadowvale Town Centre \$ (L) ✓ <b>13</b></p> <p>10:15 V!VAfit Fun (FD)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:30 V!VAfit Sit (VS)</p> <p>3:00 V!VAfit - Fun Swim (P)</p> <p>3:00 French Class with Robert P (BG)</p> <p>4:00 Knitting Club (BG)</p> <p>4:15 Baking &amp; Brain Games (FD)</p> <p>6:30 JT's Choir &amp; Sing Along (L)</p> <p>7:00 Cards Club (PP)</p>	<p>10:15 V!VAfit Fun (FD) <b>14</b></p> <p>10:30 V!VAfit Sit (VS)</p> <p>11:15 V!VAfit Sit - Strength Class (VS)</p> <p>2:00 V!VA Mississauga Choir Group (L)</p> <p>3:00 Father's Day Celebration (PC)</p> <p>4:00 Trivia (FD)</p> <p>6:30 Documentary Night: "The Greatest Night in Pop" (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>15</b></p> <p>10:30 Anglican Church Service (988)</p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 V!VAfit Balance (VS)</p> <p>3:00 Armchair Travel: Churches of Germany (FD)</p> <p>3:15 Afternoon Movie: "Fatherhood" (VP)</p> <p>3:30 Happy Hour (PP)</p>
<p>FATHER'S DAY <b>16</b></p> <p>10:15 V!VAfit Fun (FD)</p> <p>10:30 St. Josephine's Parish - Catholic Mass (VP)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:30 Bingo (L)</p> <p>3:30 Father's Day Live Music (L)</p> <p>4:00 Brain Games (FD)</p> <p>6:30 The Crown - Season 4: Episode 2 (VP)</p>	<p>9:30 Poetry Corner (FD) <b>17</b></p> <p>10:15 V!VAfit Combo - Old Time Rock n' Roll (VS)</p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 V!VAfit Sit &amp; Stand (VS)</p> <p>3:00 V!VA Mississauga's Anniversary Party (PC)</p> <p>4:15 Brain Games (FD)</p> <p>6:30 Series: The Queens Gambit - Episode 7 (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>18</b></p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:00 Billiards &amp; Shuffleboard (PP)</p> <p>2:00 Scrabble Club (BG)</p> <p>2:30 Yoga with Natalie (VS)</p> <p>3:00 Horticulture Club Meeting (HR)</p> <p>4:15 V!VAfit Fun (FD)</p> <p>7:00 Board Games Club (PP)</p> <p>7:00 Movie Night: "Mother of The Bride" (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>19</b></p> <p>11:15 V!VAfit Sit (VS)</p> <p>11:30 Lunch at Terra Cotta Inn \$ (L) ✓</p> <p>2:30 V!VAfit Sit - Strength Class (VS)</p> <p>3:00 Healthy Baking with Karli - Sweet Potato &amp; Chocolate Chip Muffins (CK)</p> <p>3:30 Happy Hour (PP)</p> <p>4:00 Trivia (FD)</p> <p>6:30 Bingo (L)</p>	<p>FIRST DAY OF SUMMER <b>20</b></p> <p>10:00 Oakville Place Mall \$ (L) ✓</p> <p>10:15 V!VAfit Fun (FD)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:00 Wine &amp; Paint (CK) ✓</p> <p>2:30 V!VAfit Sit (VS)</p> <p>3:00 V!VAfit - Fun Swim (P)</p> <p>3:00 French Class with Robert P (BG) ✓</p> <p>4:00 Knitting Club (BG)</p> <p>4:15 Baking &amp; Brain Games (FD)</p> <p>7:00 Cards Club (PP)</p>	<p>9:30 Poetry Corner (FD) <b>21</b></p> <p>10:00 Hearing Clinic (PP)</p> <p>10:15 V!VAfit Fun (FD)</p> <p>10:30 V!VAfit Sit (VS)</p> <p>11:15 V!VAfit Sit - Strength Class (VS)</p> <p>2:00 V!VA Mississauga Choir Group (L)</p> <p>3:00 Hello Summer Party! (PC)</p> <p>3:00 Armchair Travel: Museums of Rome" (VP)</p> <p>4:00 Trivia (FD)</p> <p>6:30 Documentary Night: "American Symphony" (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>22</b></p> <p>10:30 Anglican Church Service (988)</p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 V!VAfit Balance (VS)</p> <p>3:00 Armchair Travel: Museums of Rome (FD)</p> <p>3:15 Afternoon Movie: "Jack and Jill" (VP)</p> <p>3:30 Happy Hour (PP)</p>

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# June 2024

## V!VA Mississauga



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:15 V!VAfit Fun (FD) <b>23</b></p> <p>10:30 St. Josephine's Parish - Catholic Mass (VP)</p> <p>11:15 V!VAfit Sit - Strength Class (VS)</p> <p>2:30 Bingo (L)</p> <p>4:00 Therapeutic Colouring (FD)</p> <p>6:30 The Crown - Season 4: Episode 3 (VP)</p>	<p>9:30 Poetry Corner (FD) <b>24</b></p> <p>10:15 V!VAfit Fun (FD)</p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 Zumba with Ariam (VS)</p> <p>3:00 Craft Class with Karli: Flower Pots (CK) ✓</p> <p>3:30 Happy Hour (PP)</p> <p>4:15 Brain Games (FD)</p> <p>6:30 Movie Night: "The Secret Dare to Dream" (VP)</p>	<p>10:00 Vendor Sale: Adrian's Fine Clothing (L) <b>25</b></p> <p>10:15 V!VAfit Fun (FD)</p> <p>10:30 Tai Chi with Lina (VS)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:00 Billiards &amp; Shuffleboard (PP)</p> <p>2:00 Scrabble Club (BG)</p> <p>2:30 V!VAfit Sit (VS)</p> <p>4:00 Drum Fit Fun (FD)</p> <p>7:00 Board Games Club (PP)</p> <p>7:00 Movie Night: "Love &amp; Gelato" (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>26</b></p> <p>11:15 V!VAfit Sit (VS)</p> <p>11:30 Picnic Lunch at Jack Darling Park \$ (L) ✓</p> <p>2:30 V!VAfit Sit - Strength Class (VS)</p> <p>3:00 Monthly Birthday Party with Carla (PC)</p> <p>4:00 Trivia (FD)</p> <p>6:30 Bingo (L)</p>	<p>10:00 Brittney Glen Centre \$ (L) ✓ <b>27</b></p> <p>10:15 V!VAfit Fun (FD)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:30 V!VAfit Sit (VS)</p> <p>3:00 V!VAfit - Fun Swim (P)</p> <p>3:00 French Class with Robert P (BG) ✓</p> <p>4:00 Knitting Club (BG)</p> <p>4:15 Baking &amp; Brain Games (FD)</p> <p>7:00 Cards Club (PP)</p>	<p>10:15 V!VAfit Fun (FD) <b>28</b></p> <p>10:30 V!VAfit Sit (VS)</p> <p>11:15 V!VAfit Sit - Strength Class (VS)</p> <p>11:30 Lunch at Cuchulainn's Irish Pub \$ (L) ✓</p> <p>2:00 V!VA Mississauga Choir Group (L)</p> <p>2:30 V!VAfit Combo (VS)</p> <p>3:00 Armchair Travel: Museums of Amsterdam (VP)</p> <p>4:00 Trivia (FD)</p> <p>6:30 Documentary Night: "Monty Python: The Meaning of Live" (VP)</p>	<p>10:15 V!VAfit Fun (FD) <b>29</b></p> <p>10:30 Anglican Church Service (988)</p> <p>11:15 V!VAfit Sit (VS)</p> <p>2:30 V!VAfit Balance (VS)</p> <p>3:00 Armchair Travel: Museums of Amsterdam (FD)</p> <p>3:15 Afternoon Movie: "Secondhand Lions" (VP)</p> <p>3:30 Happy Hour (PP)</p>
<p>10:15 V!VAfit Fun (FD) <b>30</b></p> <p>10:30 St. Josephine's Parish - Catholic Mass (VP)</p> <p>11:15 V!VAfit Sit &amp; Stand (VS)</p> <p>2:30 Bingo (L)</p> <p>4:00 Brain Games (FD)</p> <p>6:30 The Crown - Season 4: Episode 4 (VP)</p>	<p>GUEST PRESENTATION BY SHANNON GRAHAM: LIFE AND INFLUENCE OF JUDY GARLAND</p> <p>Monday, June 10</p> <p>4:00pm - 5:00pm</p> <p>V!VAplex</p> <p>This presentation explores her early years and how she became famous as a child, the most important works and milestones in her career, and the trials and tribulations that followed her wherever she went. Shannon will also discuss the depths of Judy's immense talent, the legacy of which still persist to this day.</p>	<p>FATHER'S DAY CELEBRATION</p> <p>Friday, June 14</p> <p>3:00pm - 4:00pm</p> <p>Perks! Cafe</p> <p>Time to celebrate all the fathers, father figures and men at V!VA Mississauga! Join us in Perks! Cafe for an eventful afternoon filled with good drinks, good food, live music and even better company!</p>	<p>FRENCH CLASS WITH ROBERT P</p> <p>Every Thursday at 3:00pm</p> <p>Brain Gym</p> <p>Have you ever thought of learning a new language?</p> <p>Join Robert and fellow communities in an introductory course to learn French, no prior experience required!</p>	<div style="text-align: center;">  <p>• H A P P Y •</p> <h1>FATHER'S DAY</h1> <p>Sunday, June 16</p> </div>		