

Community Members gathered for a lovely high tea enjoying an assortment of sandwiches pastries and teas.



Community Members Gwen and Marilyn dressed in beautiful colourful outfits embracing the spirit of fiesta night.



Community Member Asha posed for a fun photo with entertainer Dan after his rockin' performance.

Don't miss out!

Seated Boxing & Brain Fitness

Tuesday, June 11th 10:00 AM – V!VAfit Studio

Line Dancing with Nicole

Wednesday, June 12 and 26 2:00 PM - Pints! Pub

Father's Day Lunch Event

Saturday, June 15 11:30 AM to 1:30 PM - Tides & Galley Dining Room

A Celebration to all Fathers: Entertainment with Dan

Sunday, June 16 2:00 PM - V!VAplex

National Indigenous Peoples Day

Thursday, June 20 3:00 PM - Pints! Pub

Friendly Euchre with V!VA Whitby Shores

Friday, June 28 1:00 PM - Lobby

Receive a cheque* for every friend you refer to V!VA Pickering who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier HereTM, too!

*Conditions apply

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VIVAvoice

YOUR V!VA COMMUNITY NEWSLETTER

June 2024



Happier Here™



A trip down memory lane with our community members gathered to watch the Leafs in the playoffs. It was an evening filled with team spirit and camaraderie!



On a sunny spring morning a group of community members set out to visit the Birkdale Ravine Park cherry blossoms.



Community Member Betty Anne enjoyed a delightful afternoon of indulgence and conversation.



Community Members gathered for a lively fiesta night enjoying the vibrant tunes of a solo mariachi performer. The night was filled with music laughter and a true celebration of culture.

June 2024

Reserve your spot for events and programs at Lifestyles.



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|--|---|--|---|--|
| LEGEND Orange Purple Green | Fitness Class Special Event Excursion Sign Up Shuttle Cost required | • | s Legend InfoTV Channel 988 (TV) Perks! Cafe (PC) Pool (P) Outdoor Patio (OP) Treatment Room (TR) | Happy Seniors Month FROM ALL OF US AT VIVA | | 10:00 V!VAflow (VS) 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 3:00 Team Member Spotlight: Madison (PP) 4:00 Brain Aerobics: Word in a Word (CK) 7:00 Movie Night: Everything Everywhere All At Once (Rated-R) (VP) | |
| 10:00 V!VAsit (VS) 10:30 Communion (PP) 11:30 V!VAsit (FD) 1:00 Seniors Month Tearry (L) 1:30 Our Planet Series World on the Move (PP) 3:00 Zesty Refreshments: The Lemonade Stand (CK) 4:00 V!VAstrolls: Walk around the Neighborhood (L) 7:00 Movie Night: Tar (Rated-R) (VP) | 10:45 Making Milk Bag Mats (CK) 11:30 V!VAsit (FD) 1:15 Lifestyles Program Planning (CK) | 9:15 Assisted Living 4 Floor: Scenic Drive (L) 10:00 V!VAstrength (VS) 10:45 Hymn Sing with Carrie (PP) 10:45 Fitness Testing (VS) 1:15 Tech Class & Online Shopping (BG) 2:00 Physical Game: Bean Bag Toss (OP) 2:00 V!VAcombo (VS) 3:00 Choir Practice (FD) 4:00 Fun N' Games (FD) 7:00 I Love Lucy: Short Clips (TV) | 10:00 V!VAbalance (VS) 10:45 DanzFit with Matti (VS) 11:30 V!VAsit (FD) 1:00 Shopping Shuttle (L) 2:00 Fitness Testing (VS) 2:00 Challenge Your Brain: Qwirkle (BG) 3:00 Pride Month Celebration (VP) 4:00 Fun N' Games (FD) 7:00 Bingo Night (PP) | 11:00 DrumFit (VS) 12:30 Campbellcroft Cold Springs | 9:15 Port Union Waterfront Park (L) 10:00 V!VAsit & stand (VS) 10:45 Bible Reading Session (PP) 11:30 V!VAsit (FD) 1:15 Hindi Language Learning Workshop (CK) 2:00 The Crown Series: Gold Stick (VP) 3:00 Birthday Social: Entertainment by Art (PC) 4:00 Fun N' Games (FD) 7:00 Ep 1: Treaty Promises: Treaty Making (TV) | 9:30 Oshawa Peony Festival (L) 10:00 V!VAflow (VS) 11:30 Movement to Music (FD) 1:00 Classic Car Show at V!VA Whitby Shores (L) 1:30 V!VAswim (P) 3:00 Wheel of Fortune (PP) 4:00 Cards: Skip-Bo (PC) 7:00 Movie Night: The Lost Daughter (Rated R) (VP) | |

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| 10:00 V!VAbalance (VS) 9 10:30 Communion (PP) 11:30 V!VAsit (FD) 1:30 Our Planet Series - Following the Sun (PP) 1:45 Recreation Complex: George Lake Big Band (L) 3:00 Concentration: Match the Picture (PP) 4:00 Challenge Your Brain: Heads Up (PC) 7:00 Movie Night: West Side Story (VP) | 10:00 V!VAsit & stand (VS) 10:00 Vendor Angela (Avon) (L) 10:45 Making Milk Bag Mats (CK) 11:30 V!VAsit (FD) 1:00 Shopping Shuttle (L) 2:00 Challenge Your Brain: Tapple (BG) 3:00 Tiara Talk with Patte Rosebank (PP) 4:00 Fun N' Games (FD) 7:00 Steve McQueen: Man On The Edge (TV) | 9:15 Scarborough Bluffs (L) 10:00 Seated Boxing (VS) 10:45 Fitness Testing (VS) 1:15 Tech Class & Online Shopping (BG) 2:00 Community Members Meeting (VP) 3:00 Choir Practice (FD) 4:00 Fun N' Games (FD) 7:00 I Love Lucy: Short Clips (TV) | 10:00 V!VAbalance (VS) 12 10:45 Knitting Club (CK) 11:30 V!VAsit (FD) 11:30 Lunch & Mingle: Men's Get- Together (PP) 2:00 Fitness Testing (VS) 2:00 Line Dancing (PP) 3:00 Tune Times: Karaoke (PP) 4:00 Fun N' Games (FD) 5:00 WindReach Farm: The RCMP Musical Ride (L) 7:00 Bingo Night (PP) | 10:00 V!VAstrength (VS) 10:30 Hymn Sing with Patricia (PP) 11:00 DrumFit (VS) 1:00 Bridge at V!VA Whitby Shores (L) ✓ 1:15 Tech Class & Online Shopping (BG) 2:00 V!VAcombo (VS) 3:00 Superfood Series: Apricots (PP) 4:00 Fun N' Games (FD) 7:00 Charlie Chaplin: Comedy Videos (TV) | 10:00 V!VAsit & stand (VS) 10:30 Mass Service (PP) 11:30 V!VAsit (FD) 1:15 Hindi Language Learning Workshop (CK) 2:00 The Crown Series: The Balmoral Test (VP) 3:00 Paint N' Sip (CK) 4:00 Fun N' Games (FD) 7:00 Ep 2: Treaty Promises: Interpreting and Understanding Treaties (TV) | 10:00 V!VAflow (VS) 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 1:30 Pickering PickFair Plaza Festival (L) 3:00 Reflective Meditation and Reflection (VS) 4:00 Challenge Your Brain: Slapzi (BG) 7:00 Movie Night: The Banshees of Inisherin (Rated-R) (VP) |
| 10:00 V!VAsit (VS) 10:30 Communion (PP) 11:30 V!VAsit (FD) 2:00 Father's Day Social: Entertainment by Dan (VP) 4:00 Challenge Your Brain: Spot the Difference (CK) 7:00 Movie Night: Women Talking (Rated-R) (VP) | 9:15 Toronto Premium Outlets (L) 10:00 V!VAsit & stand (VS) 10:45 Making Milk Bag Mats (CK) 11:30 V!VAsit (FD) 2:00 Brain Aerobics: Word Twist (PP) 3:00 She Wolves of the Throne: Queens Who Ruled - Presentation by Lianne (PP) 4:00 Fun N' Games (FD) 7:00 Grace Kelly: The American Princess (TV) | 10:00 V!VAstrength (VS) 10:00 Pickering Farmer's Market (L) 10:45 Fitness Testing (VS) 1:15 Tech Class & Online Shopping (BG) 2:00 Physical Game: Bola Ball (OP) 2:00 V!VAcombo (VS) 3:00 V!VA Pickering Choir Performance (PC) 4:00 Fun N' Games (FD) 7:00 I Love Lucy: Short Clips (TV) | 9:15 Whitby Lynde Shores (L) 10:00 V!VAbalance (VS) 10:30 Footcare Clinic (TR) 10:45 DanzFit with Matti (VS) 11:30 V!VAsit (FD) 1:00 Shopping Shuttle (L) 2:00 Fitness Testing (VS) 2:00 Brain Aerobics: Scrabble Slam (BG) 4:00 Fun N' Games (FD) 7:00 Bingo Night (PP) | 9:30 Pickering Mini Putt (L) \$ 20 10:00 V!VAstrength (VS) 11:00 DrumFit (VS) 1:15 Tech Class & Online Shopping (BG) 2:00 Physical Game: Tower Toss (OP) 2:00 V!VAcombo (VS) 3:00 National Indigenous Peoples Day (PP) 4:00 Fun N' Games (FD) 7:00 Charlie Chaplin: Comedy Videos (TV) | 10:00 V!VAsit & stand (VS) 10:45 Bible Reading Session (PP) 11:30 V!VAsit (FD) 1:00 White Feather (L) ✓ 1:15 Hindi Language Learning Workshop (CK) 2:00 The Crown Series: Fairytale (VP) 3:00 Arts & Craft (CK) 4:00 Fun N' Games (FD) 7:00 Ep 3: Treaty Promises: Implementing Treaties (TV) | 10:00 V!VAflow (VS) 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 3:00 Jeopardy (PP) 4:00 V!VAstrolls: Around the Neighborhood (L) 7:00 Movie Night: Tick, Tick Boom! (VP) |

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| 10:00 V!VAbalance (VS) 10:30 Communion (PP) 11:30 V!VAsit (FD) 1:30 Our Planet Series - The Next Generation (PP) 3:00 Exploring the Wonders of Gemstones: Pearl (PP) 4:00 Left, Right & Center (PC) 7:00 Movie Night: House of Gucci (VP) | 10:00 V!VAsit & stand (VS) 10:45 Making Milk Bag Mats (CK) 11:30 V!VAsit (FD) 1:00 Shopping Shuttle (L) 2:00 Brain Aerobics: Shut the Box (BG) 3:00 Sweet Sundae Treats (CK) 3:00 2nd Floor: Sweet Sundae Treats (FD) 4:00 News & Views (BG) 7:00 Yul Brynner: The Man Who Was King (TV) | Water Treatment Plant (L) 10:00 V!VAstrength (VS) | 9:00 Hearing Clinic (TR) 9:15 Toronto Sightseeing (L) 10:00 V!VAbalance (VS) 10:45 Knitting Club (CK) 11:30 V!VAsit (FD) 2:00 Fitness Testing (VS) 2:00 Line Dancing (PP) 3:00 Bake O' Clock (CK) 4:00 Fun N' Games (FD) 7:00 Bingo Night (PP) | 10:00 V!VAstrength (VS) 10:30 Hymn Sing with Patricia (PP) 11:00 DrumFit (VS) 11:30 Picnic & Games at Rotary Park (L) 1:15 Tech Class & Online Shopping (BG) 2:00 Book Club Discussion (CK) 2:00 V!VAcombo (VS) 3:00 Entertainment by Joe T (VP) 4:00 Fun N' Games (FD) 7:00 Charlie Chaplin: Comedy Videos (TV) | 9:15 Main Street Unionville (L) 10:00 V!VAsit & stand (VS) 11:30 V!VAsit (FD) 1:30 Euchre with V!VA Whitby Shores (PP) 2:00 The Crown Series: Favourites (VP) 2:30 Farewell Get- Together (PC) 4:00 Fun N' Games (FD) 7:00 Ep 4: Treaty Promises: Indigenous Laws (TV) | 10:00 V!VAflow (VS) 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 3:00 Creative Perspectives: Sketching Class (CK) 4:00 Cards: Old Maid (BG) 7:00 Movie Night: The Fabelmans (Rated-R) (VP) |
| 10:00 V!VAsit (VS) 10:30 Communion (PP) 11:30 V!VAsit (FD) 1:30 Our Planet Series - Freedom to Roam (PP) | Recreation Complex: George Lake Big Band Cost: \$7.00 | Sign-up is required for all excursions. | | HAF | PPY Q |) a . |

3:00 Finish the Lyrics (PP)

4:00 Cards: UNO (PC)

7:00 Movie Night: Spencer (Rated

R) (VP) Mini Putt Cost: \$9.00

> **Toronto Sightseeing** Cost: \$55.75 (pre-HST)

The RCMP Musical

Ride

Cost: \$30.00

For more details about the excursions, please speak to a Lifestyles Team Member or refer to the Outings Information Binder located at Concierge.

