



Community Member Pat enjoyed the warm sunshine and the beautiful views at Rotary Park.



Community Members Gwen and Joyce enjoyed a leisurely afternoon on the patio sipping on refreshing mimosas.

Don't miss out!

Welcome & Speech Ceremony
Friday, August 2
10:00 - 11:30 am – V!VAplex

Lights, Camera, Anniversary!
A Hollywood Glamour Celebration
Friday, August 2
2:30 - 4:00 pm – Perks! Café/ Lobby

Critter Visits
Monday, August 12
2:00 - 3:00 pm – V!VAcraft Kitchen Patio

V!VA Olympics
Friday, August 16
Please refer to the calendar for times

Travel the World with Virtual Tourism
Wednesday, August 21
2:00 - 4:00 pm – Pints! Pub

Receive a cheque* for every friend you refer to V!VA Pickering who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

*Conditions apply

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V!VA Pickering – Happier Here™

V!VAoice
YOUR V!VA COMMUNITY NEWSLETTER August 2024

V!VA Retirement Communities™
PICKERING
Happier Here™



The charming couple Gordon and Ann took a trip to the Whitefeather Country store.



Community Member Lis participated in a creative and culturally enriching activity making dream catchers.



Community Member Elizabeth enjoyed a delightful picnic and stroll at Rotary Park.



On Canada Day Community Members Madeline and Ken celebrated and enjoyed live entertainment and spectacular fireworks.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
LEGEND Orange Fitness Class Purple Special Event Green Excursion ✓ Sign Up 🚌 Shuttle \$ Cost required ▶▶ Walking		<u>Locations Legend</u> Pints! Pub (PP) Family Den (FD) V!VAfit Studio (VS) Outdoor Patio (OP) Lobby (L) Craft Kitchen (CK)		Brain Gym (BG) V!VAplex (VP) Perks! Cafe (PC) Pool (P) Parking Lot (PL) Treatment Room (TR)	10:00 Seated Boxing (VS) 1 1:15 Tech Class & Online Shopping (BG) 2:00 Diabetes 101: Prevention and Management of Diabetes with Nutritionist Judy Chodirker (PP) 2:00 Anniversary Party Decorating (L) 4:00 Fun N' Games (FD)	9:00 V!VAsit & stand (VS) 2 10:00 Welcome Ceremony & Celebrating Our Journey (VP) 1:30 Red Carpet Photobooth (L) 2:30 Lights, Camera, Anniversary! A Hollywood Glamour Celebration (PC) 7:00 Biography: The Worlds of Harry Connick Jr. (PP)	10:00 V!VAflow (VS) 3 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 3:00 Anniversary Slideshow Recap (PP) 4:00 Cards: Old Maid (BG) 7:00 Movie Night: The Iron Claw (Sports/Drama) (VP)
10:00 V!VAsit (VS) 4 10:30 Communion (PP) 11:30 V!VAsit (FD) 1:30 Summer Concert at Esplanade Park (Sign Up) (L) 2:00 Finish the Lyrics (PP) 3:30 Mental Aerobics (FD) 7:00 Movie Night: 007 Goldfinger (Action/Thriller) (VP)	10:00 V!VAsit & stand (VS) 5 10:45 Making Milk Bag Mats (CK) 11:30 V!VAsit (FD) 2:00 Word Twist (PP) 3:00 Share Your Story (CK) 4:00 Physical Game: Bola Ball (FD) (OP) 7:00 Documentary - Unknown: Cosmic Time Machine (PP)	9:00 St. Jacobs Farmers Market (Sign Up) (L) ▶▶ 6 10:00 V!VAstrength (VS) 11:00 Vendor Fonita's Shop (L) 11:30 V!VAsit (FD) 1:15 Tech Class & Online Shopping (BG) 1:15 Learning Hindi with Areej (CK) 2:00 V!VAcombo (VS) 3:00 Team Member Spotlight (PP) 4:00 Physical Game: Axe Throw (FD) (OP) 7:00 Game Night (PC)	10:00 V!VAbalance (OP) 7 10:45 Knitting Club (CK) 10:45 DanzFit with Matti (OP) 11:30 V!VAsit (FD) 1:00 Shopping Shuttle (Sign Up) (L) 3:00 Weddings Across Cultures: Japan (PP) 4:00 Physical Game: Water Ball Toss (PL) 4:00 Fun N' Games (FD) 7:00 Bingo Night (PP)	9:00 Port Union Waterfront Park (Sign Up) (L) ▶▶ 8 10:00 V!VAstrength (VS) 11:30 V!VAsit (FD) 1:15 Tech Class & Online Shopping (BG) 1:30 2nd Floor: Pickering Waterfront (L) 2:00 Tuktu Information Booth (L) 2:00 V!VAcombo (VS) 3:00 Crafts: Making Team Uniforms (CK) 4:00 Physical Game: Bola Ball (FD) (OP) 7:00 Tea Talk (PC)	9:00 Ajax Durham Shopping Centre (Sign Up) (L) ▶▶ 9 10:00 V!VAsit & stand (VS) 10:30 Mass Service (PP) 11:30 V!VAsit (FD) 2:00 Wii Bowling (PP) 3:00 Birthday Social with Jeff King (OP) 4:00 Physical Game: Axe Throw (OP) 7:00 Biography - Daniel Day Lewis: The Hollywood Genius (PP)	10:00 V!VAflow (VS) 10 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 3:00 Wheel of Fortune (PP) 4:00 Shut the Box (BG) 7:00 Movie Night: Jules (Sci-fi/Comedy) (VP)	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 V!VAsit (VS) 11</p> <p>10:30 Communion (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Tuktu Information Session (PP)</p> <p>3:30 Mental Aerobics (FD)</p> <p>7:00 Movie Night: 007 Diamonds are Forever (Action/Thriller) (VP)</p>	<p>9:30 Shopping Shuttle (Sign Up) (L) 12</p> <p>10:00 V!VAsit & stand (VS)</p> <p>10:45 Making Milk Bag Mats (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Critter Visits (OP)</p> <p>3:00 Sip N' Relax: Lemonade Cocktails (FD) (CK)</p> <p>4:00 Physical Game: Water Ball Toss (PL)</p> <p>7:00 Documentary - Unknown: The Lost Pyramid (PP)</p>	<p>9:00 Guild Park & Garden (Sign Up) (L) 13</p> <p>10:00 V!VAstrength (VS)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Class & Online Shopping (BG)</p> <p>1:15 Learning Hindi with Areej (CK)</p> <p>2:00 V!VAcombo (VS)</p> <p>3:00 Community Meeting (VP)</p> <p>4:00 Physical Game: Bola Ball (FD) (OP)</p> <p>7:00 Game Night (PC)</p>	<p>10:00 V!VAbalance (VS) 14</p> <p>10:45 Knitting Club (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Line Dancing (PP)</p> <p>2:00 2nd Floor: Entertainment with Catherine Barker (FD)</p> <p>3:00 Bake O' Clock: Cornbread (CK)</p> <p>4:00 Physical Game: Axe Throw (OP)</p> <p>7:00 Bingo Night (PP)</p>	<p>9:00 The Big Apple (Sign Up) (L) 15</p> <p>10:00 V!VAstrength (VS)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Class & Online Shopping (BG)</p> <p>2:00 V!VAcombo (VS)</p> <p>3:00 Weddings Across Cultures: India (PP)</p> <p>4:00 Fun N' Games (FD)</p> <p>4:00 Physical Game: Water Ball Toss (PL)</p> <p>7:00 Tea Talk (PC)</p>	<p>10:00 V!VAsit & stand (VS) 16</p> <p>10:30 Footcare (TR)</p> <p>10:30 Bola Ball Competition (PP)</p> <p>10:45 Bible Reading Session (BG)</p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Axe Throw Competition (PP)</p> <p>2:30 Water Ball Toss Competition (PL)</p> <p>4:00 V!VA Olympic Awards Ceremony (PP)</p> <p>7:00 Biography - Ava Gardner: The Gypsy of Hollywood (PP)</p>	<p>10:00 V!VAflow (VS) 17</p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Creative Drawing (CK)</p> <p>4:00 Left, Right & Center (BG)</p> <p>7:00 Movie Night: The Long Game (Drama) (VP)</p>
<p>10:00 V!VAsit (VS) 18</p> <p>10:30 Communion (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Jeopardy (PP)</p> <p>3:30 Mental Aerobics (FD)</p> <p>7:00 Movie Night: 007 The Man with the Golden Gun (Action/Thriller) (VP)</p>	<p>10:00 V!VAsit & stand (VS) 19</p> <p>10:45 Making Milk Bag Mats (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:00 Shopping Shuttle (Sign Up) (L)</p> <p>2:00 Roll A Word (BG)</p> <p>3:00 Arts & Craft (CK)</p> <p>4:00 Physical Game: Bean Bag Toss (FD) (OP)</p> <p>7:00 Documentary - Unknown: Cave of Bones (PP)</p>	<p>9:00 White Feather Country Store (Sign Up) (L) 20</p> <p>10:00 V!VAstrength (VS)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Class & Online Shopping (BG)</p> <p>1:15 Learning Hindi with Areej (CK)</p> <p>2:00 V!VAcombo (VS)</p> <p>3:00 Funtastic Summer Gameshow (OP)</p> <p>4:00 Fun N' Games (FD)</p> <p>4:00 Physical Game: Battle Bags (OP)</p> <p>7:00 Game Night (PC)</p>	<p>9:00 Whitby Lions Promenade (Sign Up) (L) 21</p> <p>10:00 V!VAbalance (OP)</p> <p>10:45 Knitting Club (CK)</p> <p>10:45 DanzFit with Matti (OP)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Virtual Reality Tourism (PP)</p> <p>4:00 Physical Game: Washer Toss (FD) (OP)</p> <p>7:00 Bingo Night (PP)</p>	<p>10:00 V!VAstrength (VS) 22</p> <p>11:30 V!VAsit (FD)</p> <p>12:00 Men's BBQ Luncheon (OP)</p> <p>1:15 Tech Class & Online Shopping (BG)</p> <p>2:00 V!VAcombo (VS)</p> <p>3:00 Weddings Across Cultures: Greece (PP)</p> <p>4:00 Fun N' Games (FD)</p> <p>4:00 Physical Game: Bucket Ball Toss (OP)</p> <p>7:00 Tea Talk (PC)</p>	<p>9:00 Edwards Garden (Sign Up) (L) 23</p> <p>10:00 V!VAsit & stand (VS)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Act It Out (PP)</p> <p>3:00 Entertainment with Dan Champagne (OP)</p> <p>4:00 Physical Game: Tower Toss (FD) (OP)</p> <p>7:00 Biography - Gregory Peck: His Own Man (PP)</p>	<p>10:00 V!VAflow (VS) 24</p> <p>11:00 Vendor Anish's Shop (L)</p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Trivia Challenge (PP)</p> <p>4:00 Scrabble Slam (BG)</p> <p>7:00 Movie Night: The Outfit (Crime/Thriller) (VP)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 V!VAsit (VS) 25 10:30 Communion (PP) 11:30 V!VAsit (FD) 1:30 Summer Concert at Esplanade Park (Sign Up) (L) 3:00 Superfood Series: Pears (PP) 3:30 Mental Aerobics (FD) 7:00 Movie Night: 007 The Living Daylights (Action/Thriller) (VP)</p>	<p>9:00 African Lion Safari (Sign Up) (L) \$ 26 10:00 V!VAsit & stand (VS) 10:45 Making Milk Bag Mats (CK) 11:30 V!VAsit (FD) 2:00 Wordle (PP) 3:00 Sweet Sundae Treats (FD) (CK) 4:00 Physical Game: Magnetic Dart (FD) (OP) 7:00 Documentary - Unknown: Killer Robots (PP)</p>	<p>9:00 Pickering Farmers Market (Sign Up) (L) 27 10:00 V!VAstrength (VS) 11:30 V!VAsit (FD) 1:15 Tech Class & Online Shopping (BG) 1:15 Learning Hindi with Areej (CK) 2:00 V!VAcombo (VS) 3:00 Paint N' Sip (CK) 4:00 Fun N' Games (FD) 4:00 Physical Game: Mini Golf (OP) 7:00 Game Night (PC)</p>	<p>9:30 Shopping Shuttle (Sign Up) (L) 28 10:00 V!VAbalance (VS) 10:45 Knitting Club (CK) 11:30 V!VAsit (FD) 2:00 4 Pics 1 Word (PP) 3:00 Weddings Across Cultures: Mexico (PP) 4:00 Physical Game: Cornhole (FD) (OP) 7:00 Bingo Night (PP)</p>	<p>9:00 Rosetta McClain Garden (Sign Up) (L) 29 10:00 V!VAstrength (VS) 11:30 V!VAsit (FD) 1:15 Tech Class & Online Shopping (BG) 2:00 V!VAcombo (VS) 3:00 Entertainment with Joe Collura (OP) 4:00 Fun N' Games (FD) 4:00 Physical Game: Rollin' Rebounder (OP) 7:00 Tea Talk (PC)</p>	<p>10:00 V!VAsit & stand (VS) 30 10:45 Bible Reading Session (PP) 11:00 Picnic at Ajax Rotary Park (Sign Up) (L) 11:30 V!VAsit (FD) 2:00 Book Club Discussion (CK) 3:00 Team Member Spotlight (PP) 4:00 Physical Game: Disc Golf (OP) 7:00 Biography - Hollywood's Children (PP)</p>	<p>10:00 V!VAflow (VS) 31 11:30 Movement to Music (FD) 1:30 V!VAswim (P) 3:00 Mindful Meditation (VS) 4:00 Spot the Difference (CK) 7:00 Movie Night: The Burial (Comedy/Drama) (VP)</p>
<p>Sign-up is required for all excursions.</p> <p>For more details about the excursions, please speak to a Lifestyles Team Member or refer to the Outings Information Binder located at Concierge.</p>	<p>Summer Concerts at Esplanade Park No Cost. Wear comfortable shoes and dress according to the weather.</p> <p>St. Jacobs Farmers Market (1h 30m drive) Indoor/Outdoor. Lunch to be provided. Cash or credit to purchase items.</p>	<p>Port Union Waterfront Park (17m drive) No cost. Wear comfortable shoes and dress according to the weather.</p> <p>Ajax Durham Shopping Centre (13m drive) Outlet Mall. Wear comfortable shoes and dress according to the weather. Lunch to be provided. Cash or credit to purchase items.</p>	<p>Guild Park & Garden (22m drive) No cost. Wear comfortable shoes and dress according to the weather.</p> <p>The Big Apple (1h drive) Indoor/Outdoor. Wear comfortable shoes and dress according to the weather. Lunch to be provided. Cash or credit to purchase items.</p>	<p>White Feather Country Store (27m drive) Cash or credit to purchase items. Wear comfortable shoes and dress according to the weather.</p> <p>Whitby Lions Promenade (16m drive) No cost. Wear comfortable shoes and dress according to the weather.</p>	<p>Edwards Garden (27m drive) No cost. Wear comfortable shoes and dress according to the weather.</p> <p>African Lion Safari (1h 31m drive) \$43.95 (taxes or fees not included) Lunch to be provided. Dress according to the weather.</p>	<p>Pickering Farmers Market (5m drive) Outdoor event. Cash or credit to purchase items.</p> <p>Rosetta McClain Garden (31m drive) No cost.</p> <p>Picnic at Ajax Rotary Park (15m drive) No cost. Wear comfortable shoes and dress according to the weather.</p>