



Team Members Emily Yvone and Ally compete in our Fall Frenzy gameshow.



All the men gathered for a delightful lunch enjoying good food and great company.

**Don't miss out!**

**Canada: The Story of Us Documentary Series**

Every Sunday  
1:15 pm – *Pints! Pub*

**Lifestyles Activity Meeting**  
Monday, November 4  
1:30 pm – *VIVAcraft Kitchen*

**Diabetes Awareness Presentation with Clinical Consultant Pharmacist Sam**  
Wednesday, November 6  
2:00 pm – *Pints! Pub*

**Community Members Forum Meeting**  
Tuesday, November 12  
2:00 pm – *VIVApex*

**Hockey Game Night: Maple Leafs vs. Senators**  
Tuesday, November 12  
7:00 pm – *Pints! Pub*

Receive a cheque\* for every friend you refer to VIVA Pickering who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

\*Conditions apply

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1880 Glengrove Road, Pickering, ON L1V 0C6  
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VIVA Pickering – Happier Here™

# VIVAvoice

YOUR VIVA COMMUNITY NEWSLETTER November 2024

VIVA Retirement Communities™

PICKERING

Happier Here™



Community Members gather with family and friends to celebrate the season and enjoy a festive meal.



Giving thanks and sharing smiles this Thanksgiving.



Community Member Edie takes a trip to Blue Mountain Village to explore the village's charming shops and scenic beauty.



Celebrating the season of gratitude and togetherness.

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# November 2024

## V!VA Pickering



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><u>Calendar Legend</u></p> <p>V!VAfit Fitness Class</p> <p>Special Event</p> <p>Outings</p> <p>Guest Speaker</p> <p>Meetings/Clubs</p>		<p><u>Locations Legend</u></p> <p>Family Den (FD)      Brain Gym (BG)</p> <p>Pints! Pub (PP)      Pool (P)</p> <p>V!VAfit Studio (VS)      Community</p> <p>Lobby (L)      Commons (CC)</p> <p>Craft Kitchen (CK)      Treatment Room</p> <p>V!VAplex (VP)      (TR)</p> <p>Perks! Cafe (PC)      Dining Room (DR)</p> <p>Galley (G)</p>				<p>10:00 V!VAsit &amp; stand (VS) <b>1</b></p> <p>10:45 Bible Reading Session (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 DrumFit (PP)</p> <p>3:00 Mindful Meditation (VS)</p> <p>4:00 Physical Game: Bola Ball (FD)</p> <p>7:00 Pegs &amp; Joker (PP)</p>	<p>10:00 V!VAflow (VS) <b>2</b></p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Journal Prompt Art Monologue (CK)</p> <p>4:00 Left, Right &amp; Center (FD)</p> <p>7:00 Movie Night: 007 Golden Eye (VP)</p>
<p>10:00 V!VAsit (VS) <b>3</b></p> <p>10:30 Communion (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Canada: The Story of Us Episode 1 (PP)</p> <p>2:30 Jeopardy (PP)</p> <p>4:00 Brain Aerobics (FD)</p> <p>7:00 Movie Night: 007 Tomorrow Never Dies (VP)</p>	<p>9:30 Shopping Shuttle *Sign Up* (L) <b>4</b></p> <p>10:00 V!VAsit &amp; stand (VS)</p> <p>10:45 Making Milk Bag Mats (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Lifestyles Activity Meeting (CK)</p> <p>3:00 Birthday Social with Filipa Sousa (PC)</p> <p>4:00 Brain Aerobics: Heads Up! (BG)</p> <p>7:00 Card Bingo (PP)</p>	<p>9:30 Ripley's Aquarium *Sign Up* (\$33.90) (L) <b>5</b></p> <p>10:00 V!VAstrength (VS)</p> <p>10:45 Hymn Sing with Carrie (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Choir Practice (FD)</p> <p>4:00 Peaky Blinders Season 3 Episode 2 (VP)</p> <p>7:00 Tea Talk (PC)</p>	<p>10:00 V!VAcombo (VS) <b>6</b></p> <p>10:00 Scenic Drive *Sign Up* (L)</p> <p>10:45 Knitting Club (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Assistance (BG)</p> <p>2:00 Diabetes Awareness Presentation with Clinical Consultant Pharmacist Sam (PP)</p> <p>3:00 Bake O' Clock (CK)</p> <p>4:00 Physical Game: Magnetic Dart (FD)</p> <p>7:00 Bingo Night (PP)</p>	<p>9:30 Recreation Centre: Aging Well Together &amp; Active Living Fair *Sign Up* (Free) (L) <b>7</b></p> <p>10:00 V!VAstrength (VS)</p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Friendly Euchre (PP)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Bake O' Clock (CK)</p> <p>4:00 Fun N' Games (FD)</p> <p>7:00 Game Night (PC)</p>	<p>10:00 V!VAsit &amp; stand (VS) <b>8</b></p> <p>10:30 Mass Service with Father Allan (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 DrumFit (PP)</p> <p>2:30 Bake Sale Fundraiser (L)</p> <p>4:00 Zen Colouring (FD)</p> <p>7:00 Pegs &amp; Joker (PP)</p>	<p>10:00 V!VAflow (VS) <b>9</b></p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Creative Sketching: How to Draw a Poppy (CK)</p> <p>4:00 Remembrance Day Word Scramble (FD)</p> <p>7:00 Movie Night: 007 The World Is Not Enough (VP)</p>	

Reserve your spot for events and programs at Lifestyles Office.

# November 2024

## V!VA Pickering



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 V!VAsit (VS) <b>10</b></p> <p>10:30 Communion (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Canada: The Story of Us Episode 2 (PP)</p> <p>2:00 Arts &amp; Craft: Poppy Decorations (CK)</p> <p>4:00 Brain Aerobics (FD)</p> <p>7:00 Movie Night: 007 Die Another Day (VP)</p>	<p>10:00 V!VAsit &amp; stand (VS) <b>11</b></p> <p>10:45 Making Milk Bag Mats (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:00 Remembrance Day Service: Honoring our Veterans (VP)</p> <p>3:00 Remembrance Day Social with Matthew Vilord (VP)</p> <p>4:00 Poems for Armistice Day (CK)</p> <p>7:00 Card Bingo (PP)</p>	<p>10:00 V!VAstrength (VS) <b>12</b></p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Community Members Forum Meeting (VP)</p> <p>3:00 Choir Practice (FD)</p> <p>4:00 Peaky Blinders Season 3 Episode 3 (VP)</p> <p>4:00 Billiards (PP)</p> <p>7:00 Hockey Game Night: Maple Leafs vs. Senators (PP)</p>	<p>10:00 V!VAcombo (VS) <b>13</b></p> <p>10:45 DanzFit with Matti (PP)</p> <p>10:45 Knitting Club (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Assistance (BG)</p> <p>2:00 Line Dancing with Nicole (PP)</p> <p>3:00 New Community Members Meet &amp; Greet (CC)</p> <p>4:00 Challenge Your Brain: Spot the Difference (FD)</p> <p>7:00 Bingo Night (PP)</p>	<p>10:00 V!VAstrength (VS) <b>14</b></p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Friendly Euchre (PP)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Weddings Across Cultures: Germany (PP)</p> <p>4:00 Fun N' Games (FD)</p> <p>6:00 The Distillery Winter Village *Sign Up* (\$16.70) (L)</p>	<p>10:00 V!VAsit &amp; stand (VS) <b>15</b></p> <p>10:45 Bible Reading Session (PP)</p> <p>11:00 Shoe Vendor Shop (L)</p> <p>11:30 V!VAsit (FD)</p> <p>1:00 Shopping Shuttle *Sign Up* (L)</p> <p>2:00 DrumFit (PP)</p> <p>3:00 Team Member Spotlight (PC)</p> <p>3:00 Footcare Clinic *Sign Up* (TR)</p> <p>4:00 Physical Game: Bean Bag Toss (FD)</p> <p>7:00 Pegs &amp; Joker (PP)</p>	<p>8:30 St. Martin's Holly Bazaar *Sign Up* (L) <b>16</b></p> <p>10:00 V!VAflow (VS)</p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Wheel of Fortune (PP)</p> <p>4:00 Jenga (FD)</p> <p>7:00 Movie Night: 007 Casino Royale (VP)</p>
<p>10:00 V!VAsit (VS) <b>17</b></p> <p>10:30 Communion (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Canada: The Story of Us Episode 3 (PP)</p> <p>2:30 Former Occupations (PP)</p> <p>4:00 Brain Aerobics (FD)</p> <p>7:00 Movie Night: 007 Quantum of Solace (VP)</p>	<p>9:30 Shopping Shuttle *Sign Up* (L) <b>18</b></p> <p>10:00 V!VAsit &amp; stand (VS)</p> <p>10:00 Vendor Julita's Shop (L)</p> <p>10:45 Making Milk Bag Mats (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>2:00 Brain Aerobics: Word Twist (PP)</p> <p>3:00 The Vikings: Presentation with Lianne Harris (PP)</p> <p>4:00 Cards: UNO (FD)</p> <p>7:00 Card Bingo (PP)</p>	<p>10:00 V!VAstrength (VS) <b>19</b></p> <p>11:30 V!VAsit (FD)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Choir Practice (FD)</p> <p>4:00 Peaky Blinders Season 3 Episode 4 (VP)</p> <p>6:00 Theatre Scarborough: Grease School Version *Sign Up* (\$20.00) (L)</p>	<p>10:00 V!VAcombo (VS) <b>20</b></p> <p>10:45 Knitting Club (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Assistance (BG)</p> <p>2:00 Wii Bowling (PP)</p> <p>3:00 Community Members Arts &amp; Craft Show (L)</p> <p>4:00 Physical Game: Tower Toss (FD)</p> <p>7:00 Bingo Night (PP)</p>	<p>10:00 V!VAstrength (VS) <b>21</b></p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Friendly Euchre (PP)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Paint N' Sip! (CK)</p> <p>4:00 Fun N' Games (FD)</p> <p>7:00 Theatre Scarborough: The Sound of Music *Sign Up* (\$25.00) (L)</p>	<p>10:00 V!VAsit &amp; stand (VS) <b>22</b></p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Assisted Living Floor: Entertainment with Allan Leechan (FD)</p> <p>2:00 DrumFit (PP)</p> <p>3:00 Entertainment with Allan Leechan (PC)</p> <p>4:00 Challenge Your Brain: Memory Tray (BG)</p> <p>7:00 Pegs &amp; Joker (PP)</p>	<p>9:30 Santa Claus Parade *Sign Up* (L) <b>23</b></p> <p>10:00 V!VAflow (VS)</p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Superfood Series: Pineapple (PP)</p> <p>4:00 Shut the Box (FD)</p> <p>7:00 Movie Night: 007 Skyfall (VP)</p>

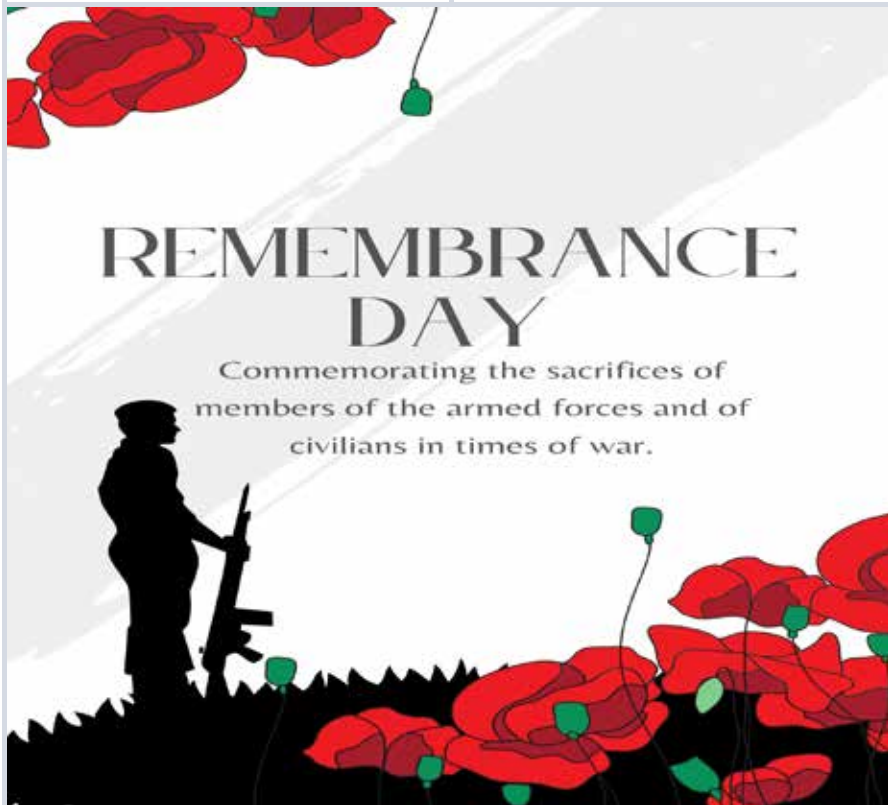
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# November 2024

## V!VA Pickering



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 V!VAsit (VS) <b>24</b></p> <p>10:30 Communion (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Canada: The Story of Us Episode 4 (PP)</p> <p>2:30 Family Feud (PP)</p> <p>4:00 Brain Aerobics (FD)</p> <p>7:00 Movie Night: 007 Spectre (VP)</p>	<p>10:00 V!VAsit &amp; stand (VS) <b>25</b></p> <p>10:45 Making Milk Bag Mats (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>11:30 Men's Lunch Get-Together *Sign Up* (PP)</p> <p>2:00 Book Club Discussion (CK)</p> <p>3:00 Decorating Christmas Tree in Tides (DR)</p> <p>4:00 Cards: Old Maid (FD)</p> <p>7:00 Card Bingo (PP)</p>	<p>10:00 V!VAstrength (VS) <b>26</b></p> <p>11:30 V!VAsit (FD)</p> <p>1:00 Casino *Sign Up* (L)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Choir Practice (FD)</p> <p>4:00 Peaky Blinders Season 3 Episode 5 (VP)</p> <p>4:00 Billiards (PP)</p> <p>7:00 Tea Talk (PC)</p>	<p>10:00 V!VAcombo (VS) <b>27</b></p> <p>10:45 DanzFit with Matti (PP)</p> <p>10:45 Knitting Club (CK)</p> <p>11:30 V!VAsit (FD)</p> <p>1:15 Tech Assistance (BG)</p> <p>2:00 Line Dancing with Nicole (PP)</p> <p>3:00 Decorating Christmas Tree in Family Den (FD)</p> <p>4:00 Brain Aerobics: Word in a Word (CK)</p> <p>7:00 Bingo Night (PP)</p>	<p>10:00 V!VAstrength (VS) <b>28</b></p> <p>10:00 Vendor Anish's Shop (L)</p> <p>10:30 Hymn Sing with Patricia (PP)</p> <p>11:30 V!VAsit (FD)</p> <p>1:30 Friendly Euchre (PP)</p> <p>2:00 V!VA Balance Circuit (VS)</p> <p>3:00 Logic Puzzles (PC)</p> <p>4:00 Fun N' Games (FD)</p> <p>7:00 Ajax Community Theatre: Marjorie Prime *Sign Up* (\$20.00) (L)</p>	<p>10:00 V!VAsit &amp; stand (VS) <b>29</b></p> <p>11:30 V!VAsit (FD)</p> <p>1:00 Shopping Shuttle *Sign Up* (L)</p> <p>2:00 DrumFit (PP)</p> <p>3:00 Decorating Christmas Tree in Galley (G)</p> <p>4:00 Physical Game: Washer Toss (PP)</p> <p>7:00 Pegs &amp; Joker (PP)</p>	<p>9:30 Vendors Market *Sign Up* (L) <b>30</b></p> <p>10:00 V!VAflow (VS)</p> <p>11:30 Movement to Music (FD)</p> <p>1:30 V!VAswim (P)</p> <p>3:00 Finish the Lyrics (PP)</p> <p>4:00 Brain Aerobics: Scrabble Slam (FD)</p> <p>7:00 Movie Night: 007 No Time To Die (VP)</p>



### In Flanders Fields by John McCrae

In Flanders Fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie,  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.