

Memories in Motion – Community Director Rachel and Community Member Irene S. got their groove on during one of our many Pub Clubs this month.



"Whisk" you were here! – We enjoyed a fantastic live cooking demonstration with Chef Naj, who showed us how to prepare a hearty, comforting autumn soup.

Don't miss out!

Guest Speaker – Alzheimer's Society Education
Wednesday, November 4
2:00 - 3:00 pm – V!VA*plex*

"What is Movember?" – Men's Health Presentation
Friday, November 6
3:00 - 4:00 pm – V!VA*plex*

Remembrance Day Service
Wednesday, November 11
10:45 - 11:30 am – Meadow Lounge

Outing to Warplane Heritage Museum
Thursday, November 12
12:30 - 3:00 pm

New CM Social – "Sadie Hawkins" Themed Party
Friday, November 13
2:00 - 3:00 pm – *Pints!* Pub

Community Member Birthday Party
Wednesday, November 18
2:00 - 3:00 pm – Meadow Lounge

Canadian Orpheus Male Choir – Featuring Dan Prowse
Sunday, November 22
7:00 - 8:00 pm – Meadow Lounge

Theatre Ancaster Presents – Christmas Traditions Around the World
Saturday, November 28
2:00 - 3:00 pm – Meadow Lounge

Receive a cheque* for every friend you refer to V!VA Meadowlands who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

*Conditions apply

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YOUR V!VA COMMUNITY NEWSLETTER November 2026

Meadowlands
A V!VA RETIREMENT COMMUNITY
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On our "Wurst" behaviour – A fantastic time was had by all at our annual Pig Roast and Oktoberfest Buffet, complete with lively accordion music, delicious food, and free-flowing beer.



Head and shoulders above the rest! – Muriel S. gives us a sneak peek of her Halloween costume during our bus outing.



"Leaf" it to creativity! – Our lovely Meadowlands ladies got creative with a leaf bowl making craft while listening to some live piano music.



Having a "Grand" Ole Time – Our CMs had a lot of fun at The Grand for their Gentlemen of The Opry live music show.

Meadowlands – Happier Here™
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