Reserve your spot for events and programs at Concierge.

November 2026

V!VA Thornhill Woods

V!VA Retirement Communities™ THORNHILL WOODS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Arm Chair Travel (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Daily Wordle & Globle (PC) 1:30 Craft Corner (FD) 2:00 TV Series: A Man on the Inside (Season 1) (VP) 2:00 Thi Chi With Gina (VS) 2:30 Hot Apple Cider Social (VG) 3:30 Billiards (PP) 3:30 Bowling (FD) 4:00 Sunday Social: Coffee & Conversation (PC) 7:00 Movie Night (VP)	**2** 9:30 V!VAfit Studio Open Gym (VS) 10:00 Zumba with Mandi (FD) 10:00 Bus Outing : Hillcrest Mall (L) 10:30 Music and Memories (FD) 11:00 V!VAfit Sit and Stand (VS) 1:30 Travel & Nature Discovery Hour (VP) 1:30 Bean Bag Toss (FD) 2:00 Afternoon Concert Emilio Zarris (L) 2:00 Bus Outing : Lake Wilcox (L) 3:30 News and Views with Rodney (HR) 3:30 Monday Spa Day (FD) 6:30 Poker Night (BG) 7:00 Movie Night The Intern (VP)	**3** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:30 Puzzle Table (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Torah Discussions with Dalia (CK) 1:30 A Walk Down Memory Lane (FD) 2:00 Bus Outing: Lake Wilcox (L) 2:15 BEANO! (PP) 3:30 Glee Club (VP) 3:30 Audio Book Club (CK) 3:30 Balloon Racket (FD) 5:00 Hand & Touch Therapy (L) 6:45 Scattegories with Little Robin (CK)	**4** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Swim with Jan (P) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:00 Bus Outing : Winners and Homesense/No Frills/Dollarama (L) 10:30 Coloring Time (FD) 11:00 V!VAfit Sit & Stand (VS) 1:30 Headlines and Prospectives (FD) 2:00 Lets Make: Tie Dye Scarfs (CK) 3:15 Hearts and Crafts Knitting Group (CK) 3:30 Flower Arranging (FD) 3:30 Muder Mistery! Who Dunnit (PP) 7:00 Movie Night (VP)	**5** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 Bus Outing : Longo's & Shoppers Drug Mart/ Freshco and Bank (L) 10:00 V!VAfit Balance (VS) 10:30 Then And Now (FD) 10:45 V!VA Voices (VP) 11:00 V!VAfit Sit & Stand (VS) 11:30 Bus Outing: Centre Street Deli (L) 2:15 BEANO! (PP) 3:30 Community Member Run Painting Group (HR) 3:30 Audio Book Club (VS) 3:30 Movie Night (FD) 3:30 Lifestyles Program Planning Meeting (VP) 5:00 The Great Debate (Debate Club) (CK) 7:00 Guest Speaker: Lianne Harris (VP)	**6** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Flow (VS) 10:00 V!VAfit Sit (FD) 10:30 Music with Aubrey (FD) 11:00 V!VAfit Sit and Stand (VS) 11:30 Weekly Tamim Academy Shabbat Program (PP) 1:30 Reading Circle (FD) 2:00 Documentary Fridays: One Child Nation (VP) 2:15 Name that Tune (PP) 2:15 Hat-tastic Fascinator Making (CK) 3:30 V!VA's Happy Hour (Special Cocktail) (PP) 4:15 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP) 7:00 Brain Aerobics With Little Robin (PP)	**7** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Virtual Shabbat Service (VP) 10:30 Garden Connections (FD) 11:00 V!VAfit Sit & Stand (VS) 1:30 Axe Throwing (FD) 2:00 Movie Matinee (VP) 2:15 Connections (PP) 2:15 Therapeutic Colouring (FD) 3:30 Text Twist (PP) 3:30 Helping Hands (FD) 4:00 Piano Bar & Dance with Ivan (L) 6:30 Poker Night (BG) 7:00 Movie Night (VP)
8 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Arm Chair Travel (FD) 10:30 Hand & Touch Therapy (L) 11:00 V!VAfit Sit & Stand (VS) 11:00 Tech Help (BG) 12:00 Bowling (FD) 2:00 TV Series: A Man on the Inside (Season 1) (VP) 2:00 Thi Chi With Gina (VS) 2:00 Diwali Presentation With Sanjanna (VP) 3:30 Billiards (PP) 3:30 Diwali Art "Rangoli" with Sanjana & Robin (CK) 4:00 Fact or Fiction? (CK) 7:00 Movie Night (VP)	**9** 9:30 V!VAfit Studio Open Gym (VS) 10:00 Zumba with Mandi (FD) 10:00 Bus Outing: Walmart (L) 10:30 Music and Memories (FD) 11:00 V!VAfit Sit and Stand (VS) 1:30 Travel & Nature Discovery Hour (VP) 1:30 Craft Corner (FD) 1:30 Hat-tastic Fascinator Making (FD) 3:30 Current Events with Community Members (HR) 3:30 Monday Spa Day (FD) 6:30 Poker Night (BG) 7:00 Movie Night: A Man Called Otto (VP) 7:00 Guest Speaker: Catherine Gardner "Unique Food Around The World" (VP)	**10** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:30 Puzzle Table (FD) 10:30 Bus Outing: Dollerama on Rutherford (L) 11:00 V!VAfit Sit & Stand (VS) 11:30 Torah Discussions with Dalia (CK) 1:30 Hat-tastic Fascinator Making (CK) 1:30 A Walk Down Memory Lane (FD) 2:15 BEANO! (PP) 3:30 Glee Club (VP) 3:30 Audio Book Club (CK) 3:30 Balloon Racket (FD) 5:00 Hand & Touch Therapy (L) 6:45 Bonfire, Hot Chocolate & Marshmallow Night (VG)	**11** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Swim with Jan (P) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:30 Coloring Time (FD) 11:00 Rememberance Day Service (VP) 1:30 Headlines and Prospectives (FD) 3:15 Hearts and Crafts Knitting Group (CK) 3:30 A Little Gratitude (FD) 3:30 Muder Mistery! Who Dunnit (PP) 5:00 Bus Outing: Dinner at Mandarin (L) 7:00 Movie Night (VP)	**12** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:30 Then And Now (FD) 10:45 V!VA Voices (VP) 11:00 V!VAfit Sit & Stand (VS) 2:00 Bus Outing : Longo's & Shoppers Drug Mart/ Freshco and Bank (L) 2:15 BEANO! (PP) 3:30 Community Member Run Painting Group (HR) 3:30 Audio Book Club (VS) 3:30 Afternoon High Tea Party (PP) 5:00 The Great Debate (Debate Club) (CK) 7:00 Text Twist (VP)	**13** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Flow (VS) 10:00 V!VAfit Sit (FD) 10:30 Music with Aubrey (FD) 11:00 V!VAfit Sit and Stand (VS) 11:30 Weekly Tamim Academy Shabbat Program (PP) 1:30 Animal Show: Exotic Animals (L) 2:00 Documentary Fridays: The Wild Pacific (VP) 2:15 Name that Tune (PP) 2:15 Art with Lifestyles (CK) 3:30 V!VA's Happy Hour (Special Cocktail) (PP) 4:15 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP) 7:00 Brain Aerobics With Little Robin (PP)	**14** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Virtual Shabbat Service (VP) 10:30 Garden Connections (FD) 11:00 V!VAfit Sit & Stand (VS) 1:30 Axe Throwing (FD) 2:00 Movie Matinee (VP) 2:15 Connections (PP) 2:15 Therapeutic Colouring (FD) 3:30 Text Twist (PP) 3:30 Helping Hands (FD) 4:00 Piano Bar & Dance with Ivan (L) 6:30 Poker Night (BG) 7:00 Movie Night (VP)

Reserve your spot for events and programs at Concierge.

November 2026

V!VA Thornhill Woods

V!VA Retirement Communities™ THORNHILL WOODS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Arm Chair Travel (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Daily Wordle & Globle (PC) 2:00 TV Series: A Man on the Inside (Season 1) (VP) 2:00 Bus Outing : Alias Grace Play (L) 2:00 Thi Chi With Gina (VS) 2:30 Hot Apple Cider Social (VG) 3:30 Billiards (PP) 3:30 Bowling (FD) 4:00 Fact or Fiction? (CK) 7:00 Movie Night (VP) 7:00 Guest Speaker: Jews In Sports (VP)	**16** 9:30 V!VAfit Studio Open Gym (VS) 10:00 Zumba with Mandi (FD) 10:00 Bus Outing : Hillcrest Mall (L) 10:30 Music and Memories (FD) 11:00 V!VAfit Sit and Stand (VS) 1:30 Travel & Nature Discovery Hour (VP) 1:30 Bean Bag Toss (FD) 1:30 Craft Corner (FD) 3:30 News and Views with Rodney (HR) 3:30 Monday Spa Day (FD) 6:30 Poker Night (BG) 7:00 Movie Night: The Hundred Foot Journey (VP) 7:00 Murder Mystery! Who Dunnit? (CK)	**17** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:00 Beta Shoe Museum (L) 10:30 Puzzle Table (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Torah Discussions with Dalia (CK) 1:30 A Walk Down Memory Lane (FD) 2:15 BEANO! (PP) 3:30 Glee Club (VP) 3:30 Audio Book Club (CK) 3:30 Balloon Racket (FD) 5:00 Hand & Touch Therapy (L) 6:45 Scattegories with Little Robin (CK)	**18** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Swim with Jan (P) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:30 Coloring Time (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Bus Outing: Inisfil Casino (L) 1:30 Headlines and Prospectives (FD) 2:00 Afternoon Concert with Marcus Schwan (L) 3:15 Hearts and Crafts Knitting Group (CK) 3:30 A Little Gratitude (FD) 3:30 Muder Mistery! Who Dunnit (PP) 7:00 Movie Night (VP)	**19** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 Bus Outing : Longo's & Shoppers Drug Mart/ Freshco and Bank (L) 10:00 V!VAfit Balance (VS) 10:30 Then And Now (FD) 11:00 V!VAfit Sit & Stand (VS) 2:15 BEANO! (PP) 3:30 Community Member Run Painting Group (HR) 3:30 Audio Book Club (VS) 3:30 Movie Night (FD) 5:00 Bus Outing: Hibanchi Teppanyaki (L) 5:00 The Great Debate (Debate Club) (CK) 6:45 V!VA Voices Opra Encore (VP)	**20** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Flow (VS) 10:00 V!VAfit Sit (FD) 10:30 Music with Aubrey (FD) 11:00 V!VAfit Sit and Stand (VS) 11:30 Weekly Tamim Academy Shabbat Program (PP) 1:30 Reading Circle (FD) 2:00 Documentary Fridays: Hidden Ireland (VP) 2:15 Name that Tune (PP) 2:15 Lets Make: Stained Glass Suncatcher (CK) 3:30 Afternoon Caino Party (PP) 4:15 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP) 7:00 Brain Aerobics With Little Robin (PP)	**21** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Virtual Shabbat Service (VP) 10:30 Garden Connections (FD) 11:00 V!VAfit Sit & Stand (VS) 1:30 Axe Throwing (FD) 2:00 Movie Matinee (VP) 2:15 Connections (PP) 2:15 Therapeutic Colouring (FD) 3:30 Text Twist (PP) 3:30 Helping Hands (FD) 4:00 Piano Bar & Dance with Ivan (L) 6:30 Poker Night (BG) 7:00 Movie Night (VP)
22 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Arm Chair Travel (FD) 10:30 Hand & Touch Therapy (L) 11:00 V!VAfit Sit & Stand (VS) 11:00 Tech Help with a Lifestyles TM (BG) 2:00 TV Series: A Man on the Inside (Season 1) (VP) 2:00 Thi Chi With Gina (VS) 2:30 Hot Apple Cider Social (VG) 3:30 Billiards (PP) 3:30 Bowling (FD) 4:00 Fact or Fiction? (CK) 7:00 Movie Night (VP)	**23** 9:30 V!VAfit Studio Open Gym (VS) 10:00 Zumba with Mandi (FD) 10:00 Bus Outing: Walmart (L) 10:00 Season Of Lights: Shuk Market (PP) 10:30 Music and Memories (FD) 11:00 V!VAfit Sit and Stand (VS) 1:30 Travel & Nature Discovery Hour (VP) 1:30 Bean Bag Toss (FD) 1:30 Craft Corner (FD) 2:00 Wine And Cheese Poetry Reading (VP) 3:30 Current Events with Community Members (HR) 3:30 Monday Spa Day (FD) 6:30 Poker Night (BG) 7:00 Guest Speaker: Ritesh Rohan (VP)	**24** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:00 Bus Outing: Niagara On The Lake Wine Tasting (L) 10:30 Puzzle Table (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Torah Discussions with Dalia (CK) 1:30 A Walk Down Memory Lane (FD) 2:15 BEANO! (PP) 3:30 Glee Club (VP) 3:30 Audio Book Club (CK) 3:30 E- Book Club (otr) 3:30 Balloon Racket (FD) 5:00 Hand & Touch Therapy (L) 6:45 Scattegories with Little Robin (CK)	**25** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Swim with Jan (P) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:00 Bus Outing: Upper Canada Mall (L) 10:30 Coloring Time (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Community Member Council Meeting (VP) 1:30 Headlines and Prospectives (FD) 2:00 Afternoon Entertainment with Antoniella (L) 3:15 Hearts and Crafts Knitting Group (CK) 3:30 A Little Gratitude (FD) 3:30 Muder Mistery! Who Dunnit (PP) 7:00 Movie Night (VP)	**26** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:00 V!VAfit Balance (VS) 10:30 Then And Now (FD) 10:45 V!VA Voices (VP) 11:00 V!VAfit Sit & Stand (VS) 2:00 Bus Outing : Longo's & Shoppers Drug Mart/ Freshco and Bank (L) 2:15 BEANO! (PP) 3:30 Community Member Run Painting Group (HR) 3:30 Audio Book Club (VS) 3:30 Movie Night (FD) 5:00 The Great Debate (Debate Club) (CK) 7:00 Text Twist (VP)	**27** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Flow (VS) 10:00 V!VAfit Sit (FD) 10:30 Music with Aubrey (FD) 11:00 V!VAfit Sit and Stand (VS) 11:30 Weekly Tamim Academy Shabbat Program (PP) 2:00 Live Concert Series With Noah Kosta (L) 2:00 Documentary Fridays: Finding Vivian Maier (VP) 2:15 Name that Tune (PP) 3:30 November Birthday Celebration! (PP) 4:15 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP) 7:00 Brain Aerobics With Little Robin (PP)	**28** 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Virtual Shabbat Service (VP) 10:30 Garden Connections (FD) 11:00 V!VAfit Sit & Stand (VS) 1:30 Axe Throwing (FD) 2:00 Movie Matinee (VP) 2:15 Connections (PP) 2:15 Therapeutic Colouring (FD) 3:30 Text Twist (PP) 3:30 Helping Hands (FD) 4:00 Piano Bar & Dance with Ivan (L) 6:30 Poker Night (BG) 7:00 Movie Night (VP)

Reserve your spot for events and programs at Concierge.

November 2026

V!VA Thornhill Woods

V!VA Retirement Communities™ THORNHILL WOODS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 9:30 V!VAfit Studio Open Gym (VS) 10:00 V!VAfit Sit (FD) 10:30 Arm Chair Travel (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Daily Wordle & Globle (PC) 2:00 TV Series: A Man on the Inside (Season 1) (VP) 2:00 Thi Chi With Gina (VS) 2:30 Hot Apple Cider Social (VG) 3:30 Billiards (PP) 3:30 Bowling (FD) 4:00 Fact or Fiction? (CK) 7:00 Movie Night (VP)	**30** 9:30 V!VAfit Studio Open Gym (VS) 10:00 Zumba with Mandi (FD) 10:00 Bus Outing: Royal Botanical Garden Winter Wonder (L) 10:30 Music and Memories (FD) 11:00 V!VAfit Sit and Stand (VS) 1:30 Travel & Nature Discovery Hour (VP) 1:30 Bean Bag Toss (FD) 1:30 Craft Corner (FD) 3:30 News and Views with Rodney (HR) 3:30 Monday Spa Day (FD) 6:45 More Broadway The Musical (VP) 7:00 Movie Night: The Best Exotic Marigold Hotel (VP)					





Locations Legend

Family Den (FD)	Lobby (L)	Victory Garden (VG)
V!VAfit Studio (VS)	Craft Kitchen (CK)	Perks! Cafe (PC)
V!VAplex (VP)	Brain Gym (BG)	Pool (P)
Pints! Pub (PP)	Horticulture Room (HR)	other (otr)