

Moving more living well! Our Community Members tried our new balance circut during active aging week. Imporving balance building strength and having fun.



Community Members enjoyed a wonderful bus outing to the museum exploring fascinating exhibits discovering stories from the past and sharing memories.

Don't miss out!

Falls Preventions Presentation with Sandra Sheffield-Young
Friday, November 6
3:00 pm – V!VA*plex*

Bus Outing to the Perth Cheese Shop
Wednesday, November 11
Bus leaves at 1:30 pm

Waterside Soup Off!
Monday, November 16
2:00 pm – V!VA*craft* Kitchen

Waterside Christmas Bazaar
Saturday, November 21
10:00 am to 3:00 pm – in the Lobby

Bus in the Santa Claus Parade
Saturday, November 28
3:30 pm – Please sign up at Concierge

Receive a cheque* for every friend you refer to V!VA Waterside who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

*Conditions apply

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V!VA*voice*

YOUR V!VA COMMUNITY NEWSLETTER November 2026

Waterside
A VIVA RETIREMENT COMMUNITY
Happier Here™



A little tea and a lot of gratitude. Our Community Members enjoyed a lovely Thanksgiving Tea filled with warm converstations and delicious treats.



The Story of Mary Cook showing November 22nd at 2 pm in the VIVA PLEX.



Congratulations to our Active Aging Week Winners! Anne Lucy Louise Ninn and Stephaine.



Taking in the beauty of autumn! Our Community Members enjoyed a scenic fall drive and a stop at The Cedar Hill Christmas Tree Farm.

Waterside – Happier Here™
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