Reserve your spot for events and programs at Concierge.

November 2026

Waterside Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Brain Games Pick Up (L) 10:00 Sunday Hymn Sing (PP) 2:00 V!VAfit Strolls: Community Member Led Outdoor or Indoor Walking Group (OUT) 2:30 Bar is Open for Social Hour (PP) 3:00 Board or Card Games Community Member Led (LIB) 7:00 Classic Movie Night: Pollyanna (1960) (VP)	**2** 9:15 V!VAfit Sit with Erin (VS) 10:00 Tri-onimos (PP) 10:45 Bean Bag Toss (PP) 1:00 Painting with Lauren (CK) 2:30 Bar is Open for Social Hour (PP) 3:00 V!VAfit Fun Swim (P) 3:00 Coffee with Jen. Some Reflective Conversation (PC) 6:30 Mindful Meditation with Jen (VP)	**3** 9:15 V!VAfit Sit and Stand (VS) 10:45 Axe Throwing (PP) 1:30 Lets Try Crokinole with Lauren (Game) (PP) 2:00 Card Game: Wizard! (PP) 2:00 Bus: In and Around Town (OFF) 2:30 Bar is Open for Social Hour (PP) 3:45 Zumba Gold (VS) 7:00 Documentary Movie Night: Super Scam Me (2026) (VP)	**4** 9:15 V!VAfit Balance (VS) 10:30 Carleton Place Legion Branch 192 Remembrance Service (PP) 10:45 Catholic Communion (CC) 11:00 Bus: Lunch Outing to My Place. Authentic Eastern European Specialties, family owned and operated since 2001. Located in Smiths Falls a 30 minute drive. Cost is your lunch. Please sign up at Concigere. (OFF) 1:00 Pet Visits (L) 2:00 Cards: Bridge (LIB) 2:00 DrumFit (VS) 2:15 V!VAlicious Food Forum followed by Wine & Cheese (PP) 2:30 Wine and Cheese Wednesday (PP) 2:30 Bar is Open for Social Hour (PP) 3:00 Stitching by the Shore - Knitting Group (LIB)	**5** 9:15 V!VAfit Strength (VS) 10:00 Bus: Walmart, Winners & Smart Centers (OFF) 10:30 Bus Trip: Shoppers Drug Mart (OFF) 10:45 Washer Toss (PP) 1:30 Showing of Muder in the Laudry Room with Popcorn! (VP) 2:00 Cards: Euchre (LIB) 2:00 V!VAfit Strength and Balance (VS) 2:30 Bar is Open for Social Hour (PP) 3:30 Grief and Loss Talk with Jen (LIB) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Card Bingo (VP)	**6** 9:15 V!VAfit Sit and Stand (VS) 10:45 Mini Putt Golf (PP) 2:00 Live Entertainment by Johnny Vegas! (PP) 2:30 Bar is Open for Social Hour (PP) 3:00 Falls Prevention Presentation with Sandra Sheffield Registered Kinesiologist and Creator of V!VA Fit (VP) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Bingo $0.25 per game (CK) 7:00 New Movie Night: Snow White (2025) (LIB)	**7** 10:00 Brain Games Pick Up from Concierge (L) 10:30 V!VAfit Flow (VS) 2:00 Exploring Artificial Intelligence through videos (TED Talk's) and disscussions (VP) 2:30 Bar is Open for Social Hour (PP) 3:30 Wii Bowling (VS) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Card Game: Cribbage (CK) 7:00 Musical Movie Night: Mr. Holland's Opus (1995) (VP)
8 10:00 Brain Games Pick Up (L) 10:00 Sunday Hymn Sing (PP) 2:00 V!VAfit Strolls: Community Member Led Outdoor or Indoor Walking Group (OUT) 2:30 Bar is Open for Social Hour (PP) 3:00 Board or Card Games Community Member Led (LIB) 7:00 Classic Movie Night: Tora! Tora! Tora! (VP)	**9** 9:15 V!VAfit Sit with Christine (VS) 10:00 Tri-onimos (PP) 10:45 Bean Bag Toss (PP) 2:00 Bible Study (LIB) 2:00 V!VAfit Fun (L) 2:00 Guest Speaker: Proffessor Cammy on Current Events (VP) 2:30 Bar is Open for Social Hour (PP) 2:30 Team Trivia with Khiem or Meaghan (PP) 3:00 V!VAfit Fun Swim (P) 6:30 Mindful Meditation with Jen (VP)	**10** 8:30 Coffee and Audio Book Club with Lauren. Readings from Stuart McLean Novels (PC) 9:15 V!VAfit Sit and Stand (VS) 10:15 Remebrance Service Rehearsal (PP) 10:45 Axe Throwing (PP) 2:00 Card Game: Wizard! (PP) 2:00 Bus Trip: In-and-Around Town (OFF) 2:30 Bar is Open for Social Hour (PP) 3:45 Zumba Gold (VS) 7:00 Documentary: Buried Secrets of WWII Episodes 1 & 2 (VP)	**11** Remembrance Day 9:15 V!VAfit Balance (VS) 10:00 Walker Clinic with Houle Healthcare (CK) 10:30 Remebrance Day Service (PP) 1:00 Pet Visits (L) 1:30 Bus Outing: The Perth Cheese Shop. Enjoy a scenic drive to Perth and indulge in some fine cheese and cured meat samples. There is no cost for the samples but if you wish to buy some cheese that is at your own expense. The drive is 30 minutes please sign up at Concierge. (OFF) 2:00 Cards: Bridge (LIB) 2:00 DrumFit (VS) 2:30 Bar is Open for Social Hour (PP) 3:00 Stitching by the Shore - Knitting Group (LIB)	**12** 9:15 V!VAfit Strength (VS) 10:00 Bus: Walmart, Winners & Smart Centers (OFF) 10:30 Bus Trip: Shoppers Drug Mart (OFF) 10:45 Washer Toss (PP) 11:00 St. Mary's Catholic Mass (VP) 2:00 Cards: Euchre (LIB) 2:00 V!VAfit Strength and Balance (VS) 2:30 Bar is Open for Social Hour (PP) 3:30 Grief and Loss Talk with Jen (LIB) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Card Bingo (VP)	**13** 8:30 Christmas Decorating (PP) 9:15 V!VAfit Sit and Stand (VS) 10:30 Services Forum with Rosie (VP) 10:45 Mini Putt Golf (PP) 2:30 Live Entertainment by Peter Brown! (PP) 2:30 Bar is Open for Social Hour (PP) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Bingo $0.25 per game (CK) 7:00 Action & Fantasy Movie Night: Alice in Wonderland (2010) (LIB)	**14** 10:00 Brain Games Pick Up from Concierge (L) 10:30 V!VAfit Flow (VS) 2:00 Card Bingo (VP) 2:30 Bar is Open for Social Hour (PP) 3:30 Wii Bowling (VS) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Musical Movie Night: Sister Act (VP) 7:00 Card Game: Canasta! (LIB)

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Waterside Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10:00 Brain Games Pick Up (L) 10:00 Sunday Hymn Sing (PP) 2:00 V!VAfit Strolls: Community Member Led Outdoor or Indoor Walking Group (OUT) 2:30 Bar is Open for Social Hour (PP) 3:00 Tai Chi Class (VS) 3:00 Board or Card Games Community Member Led (LIB) 7:00 Classic Movie Night: Old Yeller (1957) (VP)	**16** 9:15 V!VAfit Sit with Erin (VS) 10:00 Tri-onimos (PP) 10:30 Men's Social Group with Rik (PC) 10:45 Bean Bag Toss (PP) 2:00 The Waterside Soup Off! Come and taste test some delicous homemade soups! (CK) 2:30 Bar is Open for Social Hour (PP) 3:00 V!VAfit Fun Swim (P) 6:30 Mindful Meditation with Jen (VP)	**17** 9:15 V!VAfit Sit and Stand (VS) 10:30 Setting Up The Waterside Christmas Village (L) 10:45 Axe Throwing (PP) 2:00 Card Game: Wizard! (PP) 2:00 Bus: In and Around Town & Bank Run (OFF) 2:30 Bar is Open for Social Hour (PP) 3:45 Zumba Gold (VS) 7:00 Documentary Movie Night: Beatles 64 (2024) (VP)	**18** 9:15 V!VAfit Balance (VS) 10:30 St James Anglican Service (PP) 10:45 Catholic Communion (CC) 10:45 Big Screen Brain Games (VS) 12:30 Making Cookies in a jar and hotchocolate packages for the Bazaar! (PC) 1:30 Bus Outing: Almonte ACE Country and Garden. A unique local store and garden center. Cost is your shopping. 10 minute drive. Please sign up at Concierge. (OFF) 2:00 Cards: Bridge (LIB) 2:00 DrumFit (VS) 2:30 Wine and Cheese Wednesday (PP) 2:30 Bar is Open for Social Hour (PP) 3:00 Stitching by the Shore - Knitting Group (LIB)	**19** 9:15 V!VAfit Strength (VS) 10:00 Bus: Walmart, Winners & Smart Centers (OFF) 10:30 Bus Trip: Shoppers Drug Mart (OFF) 10:45 Washer Toss (PP) 2:00 Cards: Euchre (LIB) 2:00 Lifestyles Forum with Lifestyles Manager. Deep dive into why we have more than one program at the same time. Including a sneak peak at Connor Mockett's Canadian Weather Live youtube channel. Suggestions and questions welcome. (VP) 2:00 V!VAfit Strength and Balance (VS) 2:30 Bar is Open for Social Hour (PP) 3:30 Grief and Loss Talk with Jen (LIB) 4:00 Bistro Night. Sign Up at Concierge. (PP) 4:15 Chef's Cooking Demo (Sign Up Required) (CK) 7:00 Card Bingo (VP)	**20** 9:15 V!VAfit Sit and Stand (VS) 10:45 Mini Putt Golf (PP) 2:30 Live Entertainment by Allan Ryan (PP) 2:30 Bar is Open for Social Hour (PP) 3:00 Guest Speaker: Connor Mockett, storm chaser, weather forecaster and photographer shares his weather forcasting expirence. (VP) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Bingo $0.25 per game (CK) 7:00 Action Movie Night: 20,000 Leagues Under The Sea (1954) (LIB)	**21** 10:00 Brain Games Pick Up from Concierge (L) 10:00 Waterside Christmas Bazaar 10:00 a.m. to 3:00 p.m. (L) 10:30 V!VAfit Flow (VS) 2:00 An Afternoon at the Virtual Opera! The Barber of Seville Part Two (VP) 2:30 Bar is Open for Social Hour (PP) 3:30 Wii Bowling (VS) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Musical Movie Night: Celine Dion Live in Las Vegas (VP) 7:00 Card Game: Rummoli (CK)
22 10:00 Brain Games Pick Up (L) 10:00 Sunday Hymn Sing (PP) 2:00 V!VAfit Strolls: Community Member Led Outdoor or Indoor Walking Group (OUT) 2:00 The Story of Mary Cook. Enjoy a 30 minute video of Mary sharing some of her biography (VP) 2:30 Bar is Open for Social Hour (PP) 3:00 Board or Card Games Community Member Led (LIB) 7:00 Classic Movie Night: Mrs. Doubtfire (1993) (VP)	**23** 9:15 V!VAfit Sit with Chrisitne (VS) 10:00 Tri-onimos (PP) 10:45 Bean Bag Toss (PP) 2:00 Bible Study (LIB) 2:00 V!VAfit Fun (L) 2:30 Bar is Open for Social Hour (PP) 2:30 Team Trivia with Khiem or Meaghan (PP) 3:00 V!VAfit Fun Swim (P) 7:00 Card Bingo (VP)	**24** 8:30 Coffee and Audio Book Club with Lauren. Readings from Stuart McLean Novels (PC) 9:15 V!VAfit Sit and Stand (VS) 10:45 Axe Throwing (PP) 2:00 Card Game: Wizard! (PP) 2:00 Bus Trip: In-and-Around Town (OFF) 2:30 Bar is Open for Social Hour (PP) 3:45 Zumba Gold (VS) 7:00 Documentary Movie Night: Bobi Wine The Peoples President (2023) (VP)	**25** 8:30 Making Hot Chocolate Packages for the Santa Claus Parade (PP) 9:15 V!VAfit Balance (VS) 10:45 Catholic Communion (CC) 10:45 Big Screen Brain Games (VS) 1:00 Pet Visits (L) 1:00 Decorating The Waterside Bus for The Santa Claus Parade! (O) 2:00 Cards: Bridge (LIB) 2:00 DrumFit (VS) 2:30 Bar is Open for Social Hour (PP) 3:00 Stitching by the Shore - Knitting Group (LIB)	**26** 9:15 V!VAfit Strength (VS) 10:00 Bus: Walmart, Winners & Smart Centers (OFF) 10:30 Bus Trip: Shoppers Drug Mart (OFF) 10:45 Washer Toss (PP) 2:00 Monthly Birthday Party (CK) 2:00 Cards: Euchre (LIB) 2:00 V!VAfit Strength and Balance (VS) 2:30 Bar is Open for Social Hour (PP) 3:30 Heart to Heart Healing (LIB) 4:00 Bistro Night. Sign Up at Concierge. (PP)	**27** 9:00 6th Annual Stuff the Bus Campaign for The Hunger Stop-Lanark County Food Bank 9:15 V!VAfit Sit and Stand (VS) 10:45 Mini Putt Golf (PP) 2:30 Live Entertainment by Wesley Fahey! (PP) 2:30 Bar is Open for Social Hour (PP) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Bingo $0.25 per game (CK) 7:00 Action Movie Night: Ford vs Ferrari (2019) (LIB)	**28** 10:00 Brain Games Pick Up from Concierge (L) 10:30 V!VAfit Flow (VS) 2:00 Card Bingo (VP) 2:30 Bar is Open for Social Hour (PP) 3:30 Bus Trip: Carleton Place Santa Claus Parade! Join in the parade and stay on the bus to be a part of The Waterside float. Pizza Party in the Pub upon our return. Return time 6:30 p.m. (OFF) 3:30 Wii Bowling (VS) 4:00 Bistro Night. Sign Up at Concierge. (PP) 7:00 Musical Movie Night: Andrea Bocelli Concerto, One Night in Central Park (VP) 7:00 Card Game: Community Members Choice! (CK)

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November 2026

Waterside Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 10:00 Brain Games Pick Up (L) 10:00 Community Voices in Hymn and Prayer with John Hannigan (PP) 2:00 V!VAfit Strolls: Community Member Led Outdoor or Indoor Walking Group (OUT) 2:30 Bar is Open for Social Hour (PP) 3:00 Board or Card Games Community Member Led (LIB) 7:00 Classic Movie Night: Irving Berlin's White Christmas (VP)	**30** 9:15 V!VAfit Sit with Erin (VS) 10:00 Tri-onimos (PP) 10:45 Bean Bag Toss (PP) 1:00 Take Home Craft: Painting Wine Glasses (CK) 2:00 Wellness Forum with Wellness Manager Joanne Stinson. Topic id to be determined. (VP) 2:30 Bar is Open for Social Hour (PP) 3:00 V!VAfit Fun Swim (P) 6:30 Bus Outing: Majic of the Lights Christmas Lights Drive. This dazzling drive-through experience features over two million twinkling lights along a two-kilometer route with more tunnels than ever before at the Wesley Clover Parks Campground, in support of children, youth, and families at CHEO. No Cost. Return time is 8:00 p.m. (OFF)	**Remembrance Ceremonies** A veteran is a person who has completed basic military training. We want to take the time to honor our veterans here at The Waterside. The Waterside will also host our own ceremony on Wednesday, November 11th, at 10:30 a.m. in the Pub. Followed by the televised service in Ottawa. Please join us for the Carleton Place Legion Branch 192 Wednesday, November 4th at 10:30 a.m. in the Pub. If you would like to do a reading, please reach out to a member of the Lifestyles Team, or join us for the rehearsal on Tuesday, November 10th, at 10:15 a.m. in the Pub. We want to display photos of our veterans on our billiards table. If you have any photos you would like to contribute, please bring them to a member of the Lifestyles Team for copying.			Locations Legend Paddles Pub (PP) V!VAfit Studio (VS) V!VAplex (VP) Library (LIB) Off Site (OFF) Lobby (L) Craft Kitchen (CK) Outdoors (OUT) Pool (P) Perks! Cafe (PC) Community Commons (CC) Outside (O)

Christmas Bazaar!

We look forward to hosting an in-house Bazaar on Saturday November 21st from 10:00 a.m. to 3:00 p.m. Please note some vendors may be cash only so be sure to sign up for an In and Around Town bank run prior to the bazaar. Join us. Thank you!



Happy Birthday To.....

Marilyn Groeneveld- November 7th

Bill Evoy - November 9th

Waterside Soup-Off

Join us for the Waterside Soup-Off—a delicious gathering filled with comforting soups and friendly competition! Sample a variety of soups, enjoy good company, and discover a new favourite. Monday, November 16th at 2:00 p.m. in the Craft Kitchen

Join Us in the Santa Claus Parade!

Let's spread some holiday cheer as The Waterside bus takes part in the Santa Claus Parade! Join fellow community members for a festive outing as we wave to the crowds and celebrate the season together.
The bus leaves on Saturday, November 28, at 3:30 p.m. and will return around 6:30 p.m. Restroom facilities will be available at Riverside Park. After the parade, join us for a pizza supper in the pub!
Help Us Decorate the Bus!
Join us outside on Wednesday, November 25, starting at 1:00 p.m. to get the bus parade-ready!